



SPRINGBANK PARK PATTERN

OFFICIAL NEWSLETTER OF THE SPRINGBANK PARK FOR ALL SEASONS



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Photos Submitted By: Lynda Gilchrist (top) & Alison Smoole (bottom)

Springbank + Real Estate + Jason

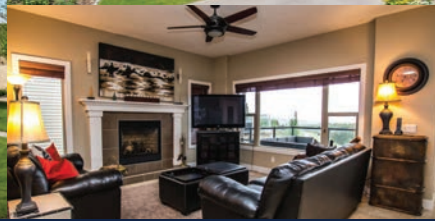
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GENERAL MANAGER'S UPDATE



Hi Everyone

Here is our December and Christmas holiday edition of the SPFAS Park Patter Community Newsletter. The beautiful pictures on this one's cover and inside were taken and forwarded to us by Lynda Gilchrist, an Elbow Valley resident, and Alison Smoole, a Springbank resident. These two local photographers, typically help make the cover photos and selection job real easy. What a gorgeous area we all live in !



We had a pretty busy Fall, which started off with an excellent Sept 6th (53rd Annual) hosted Old Tyme Fall Fair, that saw lots of families out enjoying the Kids Zone,



Cochrane Lions Club pancake breakfast, Horticultural & Agricultural show, Farm Animals, Vendors Market, Book Swap and the other activities of the day. We also had lots of hockey players out on on the ice and tryouts taking place, etc.

We then moved into elections season, and held the Park's AGM on Sept 29th. A big welcome goes out to

our two new Board members, Ryan Konotopsky, and John Josiak; as well as a welcome to our new RVS School Trustee Joanna Brownlee and RVC Councillor Rep Kevin Hanson.

It's great to see the Park in full swing again, with figure skaters practicing, hockey being played, the curling rink seeing lots of action, Play School kids and teachers fully engaged, and dropping off parents and kids flowing



past the offices exchanging greetings! In Sept 2026 the Play School is excited to announce that they will also be offering new Full Day programs. The Park looks to be most successfully continuing to fulfill its Vision, which is - SPFAS is the " Heart of Springbank ", where families and individuals of all ages can come to play and have fun, learn, socialize, and enjoy programs, activities, and events, available at the Springbank Park For All Seasons.

Here's to a great winter season ahead !

Todd Muir, BPE

General Manager

Springbank Park for All Seasons

Email: todd.muir@springbankpark.com

SPRINGBANK CURLING CLUB
LADIES BONSPIEL

PRESENTS:
OUT OF THIS WORLD !

LADIES BONSPIEL, JANUARY 9 – 11, 2026
ENTRY/TEAM: \$340
GUARANTEED 3 GAMES, CASH PRIZES AND
SATURDAY NIGHT BANQUET

Reserve your spot now !
Contact: deb@springbankmondayladiescurling@gmail.com

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MEET THE STAFF

This edition continues introducing our highly valued staff members, and we are pleased for Dec, to be able to introduce our two new Operations team members Mike Talarico and Alex Ismyestyev.

Mike came to work with SPFAS part-time (in late Sept) - after spending most of his career owning and operating a Cheese production company in Calgary, where he was trained on both the business and power engineering / operations sides. Upon retiring, he still wanted to keep busy on the handyman side, and ended up doing that, and then being a community centre's facility maintenance manager that included looking after their ice rink and driving their Zamboni in the winter. Mike likes to snowmobile and go boating in his spare time, and get away to Kelowna in the summer.

Alex came to work with SPFAS part time (in late Sept) as an Operator, via initially being from the Ukraine where he was trained in Maritime operations and he worked as a Sea-Crane Operator, unloading cargo up to 25 tons. He moved to Calgary with his family in 2022 and worked for Seven Chiefs Sportsplex as an Arena Operator, also doing a couple of shifts a week here. Alex likes spending his spare time fishing and he plays some chess.

Both Mike and Alex are pitching in wherever needed, and looking forward to getting to know our members and the community.

Join us by giving them a big Welcome, and do feel free to say hi when you see them out and about.

And a big warm welcome also goes out to Emily, who is joined the SPFAS team part-time in late Nov, and she is going to be helping out Jody & Larisa in and around the main office, helping Alice out with inventory, and getting involved with other duties as they come up. Emily is a Grade 12 student at the Springbank Community High School next door, and this is geared up to be a hopefully fun Student Work Experience Placement for her and the Park.



Mike Talarico



Alex Ismyestyev



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SPRINGBANK PARK FOR ALL SEASONS

LOOKING FOR FACILITY RENTALS:

Visit our "Facility Rental Availability Calendar" to see available rental times.

PUBLIC SKATE & SHINNY:

Visit our "Event's Calendar" for daily schedules at:

www.springbankpark.com



Springbank Park For All Seasons

Weekday Public Drop-In Pickleball

* Dryland Training Area.

*1 Court available on a first come, first served basis.

*Check the "Events Calendar" on the SPFAS website for Public times and additional details.

www.springbankpark.com

SPFAS HISTORY



1968 – Jim & Irene Robinson donated the land to & for the SPFAS.

1968 – Mervyn “Red” Dutton matched the funds raised at a dinner to build the 1st of 3 Arenas (with real Ice, that tended to melt). Red made it to the NHL as a player, coach, President & GM, and was also, the owner of Standard General Construction the group that built Mc Mahon Stadium.

1971-72 – SPFAS was incorporated as an Agricultural Society.

1972 – Artificial Ice and Ice Plant was added to the Red Dutton Arena (with more funding Asst by Red D.).

1975 – The Springbank Community High School was added to the property (& a 50 yr. Reciprocal land use Agreement through Rocky View County was put in place).

1979 - the Curling Rink was added.

1997 - the Joe Phillips Arena was added (Joe was a Springbank Resident and Oil & Gas Executive).

2007 – the Outdoor Covered Rink was added.

2021-22 – SPFAS carried out a \$2.8m Facility Renovations and Enhancement project (incl replacing Red Dutton arena slab and refrigeration lines).

2025 – New Curling Rink cement slab and new refrigeration lines replacement, added 2 new heating units to the JP Arena, and added new heat exchangers for both indoor arenas.

2026 - Adding a new Olympia Ice Resurfacing machine with ice leveling capabilities.

2026 - Planning with RVC for a new Multi-Sports, Courts and Indoor Turfed Training Field complex / facility - addition.



The Springbank Park For All Seasons is thrilled to announce, that the Park’s application to the 2025 Active Communities Initiative (ACI) Grant - for the Multi-Sports Gym, Courts and Indoor Turfed Training Field complex project, was approved for funding in the amount of \$850,000.

This is great news to help RVC with this valuable community oriented project, and much thanks goes out to the Minister of Tourism and Sport Honourable Andrew Boitchenko, and the staff team, including Glen Cowper, Senior Policy Analyst, Glen Gamble, Director and Vanessa Gomez.

SPFAS greatly appreciates that the Government of Alberta values the contributions of non-profit sport and recreation

organizations, in creating and enhancing activity spaces that enable more Albertans to be more active more often.

“I am proud to support projects that help Albertans live healthier and more active lives. We are happy to support the Springbank Park For All Seasons, through our Active Communities Initiative grant, to bring the community together and offer opportunities for families, athletes, and residents to engage in active lifestyles.”

Andrew Boitchenko

Minister of Tourism and Sport

Government of Alberta

**THANK YOU 2025 FALL FAIR SPONSORS
for your cash and door prize donations**



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Ruby Rae Designs Springbank Creative Arts Club Enercon Glenbow Ranch Foundation
Springbank Heritage Club Sweet Bella Chocolates Scotadian Crafts Pampered Chef
Springbank Soccer Club Sotheby's International Realty Norwex

**"Your generous donations have ensured another successful Fall Fair for
the Springbank Community"**

BOARD OF DIRECTORS



Meet Your Returning & New 2025/26 SPFAS Board of Directors

Elected at the September 29, 2025 held AGM

President - Frank Walsh

VP – Tanya Giulford

Treasurer - Stephanie Beekhuizen

Secretary – Gannon Wills

Directors – Andrea Osmond, Judi Hunter, Ryan Konotopsky, Duane Bouwmeester, Brad Wanchulak, John Josiak, Mike Masse (Hockey Rep), Colin Strem (Curling Rep), Rudy Perizzolo (Soccer), Kelly ORourke (Figure Skating Rep), Lindsay Henwood (Playschool Rep), Kevin Hanson (RVC), Joanna Brownlee (Rocky View Schools).



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WWW.SPRINGBANKDANCERS.COM

(403) 276-7918 / (844) 722-7918 (call or text)

Located at: 3, 110 Commercial Drive
(same building as the Springbank Depot)

New sessions
start in
January!





***Calling all hockey-loving ladies —
grab your gear
and hit the ice!***

***Tuesday morning shinny is where the
fun begins!***

***Check the SPFAS Event's Calendar
for the details!***

www.springbankpark.com



Springbank
COMMUNITY ASSOCIATION

**Springbank Community Association - is a registered
Duke of Edinburgh Award Event Centre**

The Springbank Community Association has been a registered Duke of Edinburgh Award Event Centre for almost 10 years. This amazing award program offers opportunities for youth ages 14-24 to develop leadership and life skills. This globally recognized program empowers participants to develop essential skills, stay active, give back to their communities, and embrace adventure. Through meaningful challenges and experiences youth grow in leadership, confidence and resilience all within a safe and supportive environment. The Duke of Edinburgh's Award helps set students up for future success in education, careers, and life. To learn more about the program and start your journey, please contact Lynn at ldrobb55@gmail.com or visit our website www.springbankcommunity.com

Duke of Edinburgh Program

The Springbank Community Association is proud to host the Duke of Edinburgh's Award program. This incredible, internationally recognized initiative offers youth ages 12-24 the opportunity to build meaningful skills, stay active, contribute to their communities, and take part in exciting outdoor adventures.

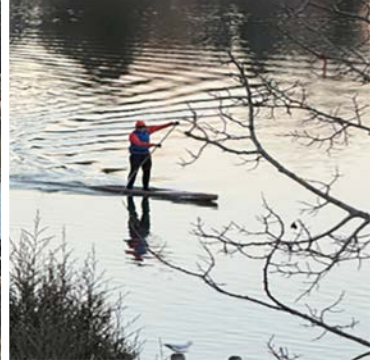
The program is designed to help young people grow into confident, resilient leaders. Through its structured, supportive, and safe environment, participants develop valuable life skills that prepare them for future success in their education, careers, and personal lives..

For more information contact Lynn at ldrobb55@gmail.com





NATURE SHOTS



Photos submitted by Lynda Gilchrist & Alison Smoole

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Registration for the 2025-2026 School Year

Limited spots available

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SPRINGBANK CURLING CLUB



Welcome Back, Curlers!

We're excited to welcome everyone back to the rink for another great season of Curling!

This summer, we completed a major upgrade - replacing the original concrete pad that was poured back in 1979.

SPFAS would like to thank Rocky View County and the Government of Alberta (Community Facility Enhancement Program) for their funding assistance to help keep the sport of Curling thriving in Springbank!

Let's make it a fantastic season - see you on the ice!

Website: springbankcurling.com

Email: springbankcurlingclubcalgary@gmail.com



**LEARN TO CURL
LEAGUE CURLING
JUNIOR CURLING**



REGISTER NOW! [SPRINGBANKCURLING.COM](http://springbankcurling.com)



Adult & Senior Public Curling

Check the Events Calendar on the website at www.springbankpark.com for dates, times, and additional information.



Springbank Park For All Seasons

Parent-Tot Skate

Monday's
10:30 am- 12:00 pm

\$5.00 per child drop-in, or \$20.00 for 5 tokens

Check the Events Calendar for additional details at www.springbankpark.com



2026/2027 School year Registration night is scheduled for January, at the Playschool.

All classes have availability for the next school year.

Registration is also still open for 2025/26, and we have a few spaces available in our 4 year olds class. There are also a few morning class spots from 8:50-11:05am available for 3 yr olds.

Starting Sept 2026 we will be offering FULL DAY & 1/2 DAY PROGRAMS

The children have been enjoying going to class to see their teachers Ms.Kim and Ms.Sheryl !

They are playing through our community helpers unit right now, and we recently enjoyed a visit to the Fire Station Field Trip.

We are also practicing songs in preparation for our Christmas Cheer Concert, and helping with a Food

Drive Charity Project, that will see food gathered and then donated to the Cochrane Food Bank.

FOOD BANK DONATIONS ARE ACCEPTED AT THE PRESCHOOL DECEMBER 1 TO 19

Our education program focuses on children learning through play.

Each class day often includes stories, crafts, songs, going outside/ to the gym, circle time, as well as a significant amount of time for free play!

For more information, please visit our website www.springbankplayschool.ca or call 403-862-3721.

Ms. Kim & Ms. Sheryl



Springbank Park For All Seasons
Lace Up!
The Outdoor Rink Is OPEN

Public Skating, Public Shinny, and endless fun on the ice.

Check the Event's Calendar for dates and times.
(the rink is closed at -15c)

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SPRINGBANK SKATING CLUB



Sharpen Your Skater's Skills This Winter!

Is your child ready to skate independently or looking to up their hockey or ringette game? Springbank Figure Skating Club has the perfect

program for them!

PowerSkate – For U9–U15 hockey & ringette players who can already skate forwards, backwards, and stop on command. This high-energy program builds power, balance, and agility—on-ice skills essential for game-time success.

CanSkate – Canada's #1 learn-to-skate program for beginners of all ages. Whether your child wants to play hockey, figure skate, or just enjoy skating, CanSkate sets them up for success.

STARSSkate – Build skills, gain confidence, and shine on the ice with our unique figure skating program. Skaters of all ages develop in dance, skills, freestyle, and artistic skating with group or private lessons, assessments, and fun competitions. Join Skate Canada and be part of something inspiring.

Our Winter 2025 spots fill up quickly—register

today!

springbankskating.com

springbankfsc.coordinator@gmail.com

[@springbankfsc](https://twitter.com/springbankfsc)

Congratulations to our skaters who participated in the Star Series #1 Competition (Star 4 - Gold) November 21-23 in Calgary. We are proud of your hard work and are always cheering you on. Way to go, skaters!

Sasha, Alissa, Adeleine, Hailey, Alina, Emma, Vivi, Luna, Grace, Adelyne, Ava, Alisha.



Springbank Minor Hockey Association



Website: springbankhockey.com

Email: operations@springbankhockey.com

Springbank Park For All Seasons

Check the Events Calendar@
www.springbankpark.com for
Holiday Public Skate times!

www.springbankpark.com



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Hello:

My name is Mike Bosch, I'm the owner and Director of Instruction of Forge Golf as well as the Head Teaching Professional at Pinebrook Golf & Country Club.

I thought I would introduce myself to the community as I'm

the new owner as well as lessee of the space upstairs at SPFAS. I've instructed the program since February of 2023 so many of you have seen me around over the last couple years.

Forge Golf is a year round golf academy which focuses on both developmental and high performance golf for youth and young adults. We provide long term coaching and training for committed athletes and families. Typically our golfers train 2-3 times per week year round.

We are one of the top ranked academies in Alberta, consistently in the top 3 on the main junior tour in the province. We have led all traditional academies for the past 2 years and have been competing over the top 3 spots with the large sports schools NAX in Edmonton and Edge in Calgary. Several of the top boys and girls in the province are Forge Golf Athletes, 3 of which have taken home provincial championships in their

respective age groups over the past 2 years (Forge Golfers have won 3 of 16 provincial championships in the last 2 years).

I haven't had a chance to do any marketing in the short time since I've become owner so I thought this would be a good opportunity to add some context to the golf room upstairs at the community centre. Several of the top golfers provincially and nationally as well as many who are very close to that level and those who will be in the next generation are training at SPFAS. There are also many who want to be proficient club, social or family golfers. Our younger athletes are typically 8 or 9 and our older ones are typically college players who train with us when they are back in town, the bulk of the program is 11-17.

Forge Golf also provides the facility and golf instruction for the Global Sport Academy Golf Program at the Springbank Middle and High School.

If you would like any more information please send me an email.

Mike Bosch

PGA of Canada

mike_bosch@pinebrookgolfclub.com



Springbank Parks For All Seasons

SPRINGBANK PARK FOR ALL SEASONS
Wishing our Springbank community
a very Merry Christmas and a
Happy New Year!

HOLIDAY HOURS

December 24 – Open with reduced hours: 6:00 AM – 4:00 PM
December 25 – Closed
December 26 – Closed

December 31 – Open with reduced hours: 6:00 AM – 4:00 PM
January 1 – Closed



WEST SIDE CLASHSPIEL

2026 (Inaugural) Edition

Home-and-Home

between the Garrison & Springbank Curling Clubs

| | |
|------------------------|--|
| Dates: | Saturday & Sunday, January 3-4, 2026 |
| Classification: | Open (any combination of men and women aged 18+). Teams need not play together in a league to register. |
| Entry fee: | \$380 + GST |
| Teams: | Maximum of 12 from each club |
| Flights: | A & B (teams select; we regret if your first choice isn't available) |
| Schedule: | <p><u>Day 1 @ Springbank</u> Doors open at 830a with complimentary coffee and cookies Flight A: Games at 930a (8 ends, conventional scoring) & 300p (4 ends, conventional scoring) Flight B: Games at 145a (8 ends, conventional scoring) & 415p (4 ends, conventional scoring) Draw-to-the button at 530p (participants selected by draw) Buffet supper at 600p with entertainment to follow (included in entry fee)</p> <p><u>Day 2 @ Garrison</u> Doors open at 200p with complimentary coffee and cookies Flight A: Game at 300p (4 ends, skins) Flight B: Game at 415p (4 ends, skins) Cocktails & prizes at 545p</p> |
| To Register: | <p>Express your interest starting at 800a on Monday, November 24 by sending an email to:</p> <ul style="list-style-type: none">• Springbank teams: springbankcurlingclubcalgary@gmail.com• Garrison teams: info@garrisoncurling.com <p>Make sure to indicate in which flight you wish to be placed. Spots will be awarded in the order the emails are received. Teams will then be contacted to remit the entry fee.</p> |

TRUSTEE BROWNLEE, WARD 4



As your new trustee I look forward to working with the communities of Ward 4, advocating for our students and promoting a safe, innovative and successful learning environment for all. As a Springbank Community High School alumni this community is very close to my heart. In my first few weeks of trusteeship

I have had the opportunity to get to know and work with some of you, seeing all the hard work that goes on behind the scenes to make our school operations run so smoothly day to day. I am very fortunate to be working with so many who are just as passionate as I am about making our schools the best they can be.

Many of you knew Judi Hunter, the previous trustee, who did not seek re-election this term. I want to take a moment to reflect on all of her hard work and service during her two terms on the board. She worked diligently and passionately in all aspects of the role. Her contributions will continue to be appreciated by our communities for years to come.

The new Rocky View Board of Trustees was sworn in on the morning of October 30th. Following the swearing in ceremony, the board held their yearly Organizational meeting where Fiona Gilbert (Ward 5) was re-elected Chair and Melyssa Bowen (Ward 3) was elected vice-chair for the first time. Regular board meetings are held on Thursdays and are open to the public. Dates vary so please check the RVS calendar for specific dates.

It has been an eventful first few months of school so I want to touch on some updates Rocky View has released following the recent labour actions.

Following the labour action, students and staff returned to school on Wednesday October 29th. Throughout all Rocky View Schools, I am pleased to report that we have seen strong attendance of all our ATA members and I would like to commend all of our staff for their hard work in resuming activities with such short notice and such huge success.

RVS will be reimbursing parents for funds that went unused during the labour action such as bus, sports, class and field trip fees.

Refunds for transportation fees are underway, as service was suspended during the labour action. Families will receive direct communication from the transportation department. School based fees will take longer to process as impacts vary by school. RVS administration is working with schools to determine appropriate refunds.

Diplomas and PAT'S have officially been cancelled for the first semester, if students want to take their diploma they will have the option to do so in April or June - grade 6's will still be taking their PAT'S as usual.

Rocky View has changed the last day of regular instruction in January to accommodate 5 additional days of regular instruction and give students and teachers additional time to make up for the lost instructional time caused by labour action. This will impact only grades 8/9-12 students and changed the last day from January 16th to January 23rd.

For Middle and Elementary schools; no changes were made to term dates. The decision was made not to formally change dates, allowing schools to adjust within their own needs.

The Alberta government has created a Class Size and Complexity Cabinet Committee consisting of 14 members who will spend the coming months collecting data, consulting school authorities, academic experts and community partners with 3 goals in mind.

-Establishing criteria for funding and resource allocation based on class size and composition data.

-Implementing recommendations from the Aggression and Complexity in Schools Action Team report.

-Developing a new Inclusive Education Policy Framework to replace the 2004 Standards for Special Education.

<https://www.alberta.ca/taking-action-on-classroom-complexity#:~:text=Formed%20in%20November%202025%2C%20the,in%20the%20public%20education%20system.>

**Outdoor Rink
Family Skate & Public Shinny**

***Helmets mandatory**
***Participants 12 yrs and under must have a parent or guardian present.**

Public Skate:

***Sticks and Pucks are NOT permitted on the ice during Public Skate.**

***To ensure everyone's safety please be respectful of the Public Skate times as posted.**

Public Shinny:

***Sticks and Pucks are permitted on the ice at this time.**

***Team practices are NOT permitted during Public Shinny.**

www.springbankpark.com



Ice Breaker Lounge

Remember us for hosting your special events,
and welcome back !

on facebook: [@springbankicebreakerlounge](https://www.facebook.com/springbankicebreakerlounge)

website: springbankicebreakerlounge.com

email: contact@springbankicebreakerlounge.com

phone: 825-450-0066

Cheers, Ben and the Ice Breaker Lounge Team.

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Springbank Park For All Seasons

Agricultural Society

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- 403-242-2223, ext.22;
rentals@springbankpark.com

Meeting Space

- Board room with computer, projector, smart board, adjacent kitchen
- 403-242-2223, ext 22
rentals@springbankpark.com

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Springbank Park For All Seasons
Lace Up!
The Outdoor Rink Is OPEN

Public Skating, Public Shiny, and endless fun on the ice.

Check the Event's Calendar for dates and times.
(the rink is closed at -15c)

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The PARK PATTERN is the bimonthly newsletter of the Springbank Park For All Seasons, and is distributed free-of-charge to all residents of Springbank, Redwood Meadows and Elbow Valley (circ: approx 4,200 homes) — all T3Z postal codes. Subscriptions are available at a cost of \$50/yr. Editor in Chief: Todd Muir.

SUBMISSIONS & ADS should be directed to Quick Print Graphic Services (Attn: George Vanderveen) 403-242-3113 or george@qpcalgary.com

DISCLAIMER The opinions expressed within any published article, report, submission or ad are those of the author, & in no way reflect the views of the Springbank Park For All Seasons Agricultural Society, its employees, volunteers or board representatives; or Quick Print Graphic Services & its employees.

AD RATES Ad rates are available upon request. All ads must be paid for at time of booking. Full colour is available for an additional charge. Ad bookings are subject to availability; ad rates are subject to change.

NEXT DEADLINE February 10th for editorial content (contact Todd Muir, SPFAS General Manager). February 10th for ads (contact George Vanderveen) 403-242-3113 for delivery late February.

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Warm Wishes

As we look back on 2025, we're so grateful for the trust you've placed in us; helping you find a place to call home is an honour. May your holidays be filled with the magic of tradition, the comfort of home, and the excitement of a fresh new year.



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**Not intended to solicit those under contract. Emerson Clarke Printing & Springbank Real Estate do not guarantee the accuracy of the statistical data on this page.

SPRINGBANK HERITAGE CLUB



December 2025

Springbank Heritage Club is a not-for-profit organization created for the benefit and enjoyment of senior citizens age 50+ in Springbank and surrounding communities. We are located at 244168 Range Road 33 and you can find us online at www.springbankheritageclub.com.

Senior Adult Fitness – Winter Session

Our Senior Exercise Class this fall, has been enthusiastically received by participants on Monday, Wednesday and Friday mornings from 9 am – 10 am.

Thanks to all who have come out and joined us in the fun. Everyone has been very pleased with Stella, our instructor, who provides an excellent workout while giving personal attention to everyone's needs.

This is a low impact CO-ED class that offers a variety of exercises designed to increase muscular strength, range of movement, balance and activities for daily living. Equipment is provided (ie. 3, 5 and 8 lb weights, bands, balls)

You can sign-up for the winter session by sending an email plus e-transfer to "springbankhc@telus.net" stating "Exercise"; member or non member, and which days you will be participating. There are no drop-ins or prorated fees.

| | |
|---------------------|--|
| 2026 Winter classes | 12 weeks (9am – 10am) |
| Monday | January 5 – March 30 (February 16 cancelled due to Family Day) |
| Wednesday | January 7 – March 25 |
| Friday | January 9 – March 27 |

Fees must be paid BEFORE: (You are only allowed to attend on the day(s) of the week that you sign up for)

| | |
|-------------------------------|--|
| 1 day per week as registered | \$85.00 for members \$95.00 for non-members |
| 2 days per week as registered | \$170.00 for members \$190.00 for non-members |
| 3 days per week as registered | \$255.00 for members \$285.00 for non-members |

COME JOIN IN THE FUN AND KEEP FIT!

Healthy Ageing Panel Discussion

We will be hosting a panel discussion on healthy ageing on Wednesday December 3rd from 7:00 to approximately 8:30pm. The panel will include two physicians from the Alberta Centre for Healthy Ageing and an Occupational Therapist. This will be a good opportunity to ask the tough questions about ageing and how best to age well. There is a \$5.00 fee to cover the pie. Please register and pay via email at springbankhc@telus.net. Hope to see you there!

Christmas Sing-Along

Are you in the Christmas spirit? If not, let us help! The "CommUKEity" group (students who play the ukulele and sing!) from Harmony will be coming to the Springbank Heritage Club to perform a few songs and lead the seniors in a Christmas Carol singalong. Come for some fun holiday music to kick off the month of December!

Wishing you a very Merry Christmas and Prosperous New Year!





Making the *Mouth • Body • Life* Connection



Westersund Dentistry at Dentalife

Proudly Serving Springbank Families

As residents of Springbank for over 30 years, our family has deep roots in this community. Dr. Curtis Westersund and his son, Dr. Connor Westersund, are proud to work together as a father-and-son team, carrying on a tradition of trusted dentistry. Our clinic is built on the belief that every patient deserves care that is gentle, reliable, and personalized.

From routine check-ups and preventive care to advanced treatments, we are committed to helping families maintain healthy, confident smiles at every stage of life. We value the relationships we've built over the years and are honored to serve our friends and neighbors in Springbank with compassion and excellence.

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