



SPRINGBANK PARK PATTER

OFFICIAL NEWSLETTER OF THE SPRINGBANK PARK FOR ALL SEASONS



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SPFAS SUMMER 2019 ACTIVITY & PROJECT UPDATES

We are now nearing the end of October and all of the hockey, figure skating, ringette, curling, dryland training, playschool and football programs and activities that are scheduled at SPFAS this time each year are in full operating mode. With the exception of the senior high school and junior football programs that will end in November, the above noted programs and activities will continue on well into March, April or May of 2020. SPFAS facilities are currently very busy as we serve our greater community during another of the traditional Fall/Winter/Spring operating cycles, for which SPFAS provides recreation facilities for a wide array of both on ice and off ice programs. SPFAS doors are generally open 7 days a week beginning each day at 6:00 a.m. from now until May of 2020.

SPFAS had an exceptionally busy Summer leading up to the start of the current Fall/Winter/Spring operating cycle. We here at SPFAS are pleased to highlight the following successes and accomplishments that were achieved by the SPFAS Board of Directors and Staff during the Summer of 2019:

Opening the Beach Volleyball Venue in the Outdoor Rink for the First Time – SPFAS opened this new venue on June 1st and operated it until August 31st. This venue would not be available to Springbank and other communities without the capital development assistance SPFAS received from the Province of Alberta via a \$75,000 Community Facilities Enhancement Grant, along with substantial donations of funds and materials SPFAS

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received from beach volleyball community partners with whom SPFAS shared a vision to provide a beach volleyball for the enjoyment and benefit of individuals living in the Greater Calgary Region. This new venue was well received in the beach volleyball community. Many beach volleyball players provided positive comments about their experiences playing in it. SPFAS generated just under \$20,000 of rental revenues from the beach volleyball venue this past Summer, funds which incrementally assist SPFAS to finance annual operating costs. SPFAS has stored the sand utilized within the beach volleyball on site. This sand will be repurposed each year moving forward as SPFAS continues to provide a Summer time beach volleyball venue.

Utilizing an Alberta Energy Efficiency Capital Grant – Being an Agricultural Society, earlier in 2019 SPFAS was eligible to receive an Energy Efficiency Grant from the Province of Alberta. SPFAS applied for and was approved to receive a \$357,317 grant. This past Summer, SPFAS has utilized grant funds to replace the chiller that is a key component of the Curling Rink's refrigeration

system, to install a series LED lights throughout the main facility, to replace hot water equipment located within the main facility, as well as to change out a series of outdated appliances in the Concession and Lounge. SPFAS will also be completing other energy efficiency generation installations in the Fall and Winter of 2019 that will be funded by this grant.

Utilizing Rocky View County Capital and Operating Grants – Earlier this year, SPFAS applied to Rocky View County for \$80,000 of matching capital funding to assist with financing a series of SPFAS capital projects, as well as \$320,000 of annual operational funding for the SPFAS 2019/20 fiscal year. Rocky View County approved these grant applications and, during this past Summer, SPFAS used a portion of the capital funds to acquire a skid steer unit, as well as to assist with funding the replacement of the Outdoor Rink's membrane cover that effectively reached the end of its life cycle.

Completing the Football Field Rebuild Project – SPFAS completed the Football Field Rebuild capital project this past June. This newly refurbished grass turf venue has

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been used extensively by both the senior high school and junior football teams during the current football season. This past Summer SPFAS also created a new grass turf open space practice area, which is located immediately to the west of the Football Field.



Establishing the Springbank Community Garden – This past Summer, SPFAS constructed a new Community Garden. SPFAS placed vegetable and flower seeds in the Garden. They grew only moderately due to a late planting, soil conditions and the cool and wet weather. Taking into account learnings from this past Summer's experience, SPFAS is looking forward to the Community Garden being more productive during the next growing season.

Hosting the Springbank Community's "Old Tyme" Fall Fair – SPFAS hosted a wonderful 2019 Fall Fair on September 7th, which was a beautiful "late Summer" day that featured blue skies and warm temperatures. The Fall Fair happens due to the leadership, coordinating efforts and other contributions provided by SPFAS Staff Members. Warmest thanks and appreciation to the SPFAS Staff for taking so much pride in hosting the annual Fall Fair for our community. SPFAS also



extends warmest thanks and appreciation to all of the individuals (including many youths) who volunteered to help in one capacity or another during the Fall Fair. And SPFAS warmly expresses thanks and appreciation to all of this year's Fall Fair sponsors who provided funding and other donations and contributions which assisted to make this year's event a tremendous success that truly brought our community together.

Enjoy coming to SPFAS any time of the year to have fun, play, learn and socialize. Plan to come to SPFAS to use access our facilities along with your family, friends and neighbours. You are always welcome to come to the "Heart of Springbank" and make SPFAS your "home away from home".



Contributed by John Rop, SPFAS General Manager



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Honoring & Celebrating the Life of Kevin Kaminski

From his wife:

Although I grew up in Springbank, it was my husband, Kevin Kaminski who people knew. He was known as the local massage therapist; the devoted school volunteer; the three-time Paralympian; the fellow North Springbank Water Coop and Springbank United Church Board member; for students, often the person who introduced them to the sport of goalball; the community-minded neighbor; and more. To us, he was an enormously loving husband and father – truly the best husband and father.

We are honoured to have been asked to share a bit about Kevin, who we sadly lost on July 18, 2019. We felt that excerpts shared at the Celebration of his Life might be the most powerful way to share his spirit and contribution.

From his daughters:

It's no secret that we have always been daddy's girls. We wish that we could remember when it was that we realized that our dad was "different", but we can't think of a time. And this is because we never thought of him, or our relationship, as different. He taught us how to ride bikes, how to swim and read, he helped us learn how to ski and then snowboard, he made us breakfast and dinner – often serving us bowls of popcorn on his head to make us laugh – especially when mom was away on business trips. He encouraged us to try new things, emphasizing that it was okay to fail as long as we learned something from it. He was our biggest supporter. He was just a dad.

And dad was patient and trusting with us. Claire once, after receiving a spanking, proceeded to hit dad over the head with a big wooden broom. After coming to his senses and disciplining, he forgave her – something we laughed about into our adulthood.

Dad was good at remaining calm in stressful situations. One extremely warm summer afternoon Katie "accidentally" locked dad in the shed. In a state of panic, Katie suggested that she chop the door down with the axe. Dad talked her off the ledge and patiently sat, in the high heat, waiting for mom to come home from work with a key.

Of all the lessons we learned from our dad, the most important, was how to love. Dad loved our Mom SO MUCH. A day didn't pass that they didn't hug and kiss and tell each other how much they loved one another. They have given us the best, and probably the most unrealistic expectation, of what true love is.

We also saw how deeply dad could love when his granddaughter, Tegan was born. He would do anything

for Tegan, including dressing up as Kristoff from Frozen recently for her princess-themed birthday party.

Our dad was our hero. And our favorite person. And we will aim to live life as he did.

From Springbank friend, Dr. Lester Mercuur:

Kevin lived life boldly, courageously and unapologetically. His determination was dogged and his spirit indomitable.

He relished and savored the taste of life and all it had to offer. He found humour in ordinary things and opportunity in every challenge.

Kevin's warmth, positivity, humour and charm could lift your spirit like no one else.

He was a pillar of integrity, honesty and decency. He was never boastful and he put others and those he loved ahead of himself. He had seemingly boundless energy, and when you spoke to him, you were assured of his complete and undivided attention.

He was an unsung comedian and the most amazing storyteller. Kevin could transform any ordinary event or goofy thing that he had done into a story filled with perfect comedic timing and genius that would have you howling with laughter.

He customized massage therapy sessions to the individual preferences of his clients. At the end of the session, you'd step out into the world, invigorated, with a feeling that Kevin had peeled away another layer of life's heaviness, like a cloak from your shoulders, your faith in the purity and goodness of humanity restored.

To have known Kevin was to have experienced a slice of the very best that life has to offer. He left this world too soon, but left a legacy that is indelible and enduring.

Contributed by Patti Morris, Kathryn Kaminski and Claire Kaminski

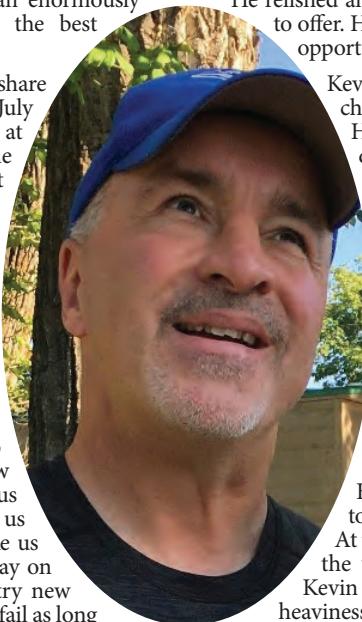




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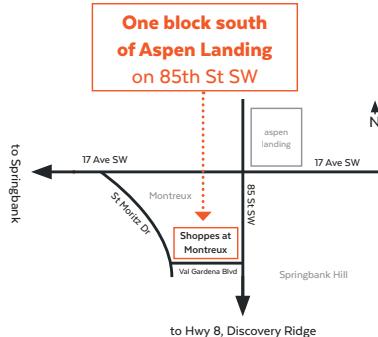
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MIRANDA ROSIN, MLA

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Fall is upon us, and with that comes Thanksgiving, crunchy leaves, and the reconvening of the Alberta Legislature.

Last Spring we began our mandate of creating jobs, reinvigorating Alberta's economy, and getting major resource projects built by passing 13 Bills and sitting through two

historic filibusters. Between the first four bills we passed, we lowered taxes on consumers and job creators, repealed much of the NDP's disastrous labour policies on small and medium sized businesses, and began the heinous task of reducing one third of red tape across all government departments to ensure our society operates as freely and efficiently as possible. Since the passing of these bills, Alberta has witnessed the creation of 4,900 new private sector jobs, and has seen our unemployment rate drop from 7.2% to 6.6%, giving us the 3rd highest job growth in Canada. With unemployment still hinging at 6.6%, there is clearly much work yet to be done, but we are confident that this upward trend will continue, and that the worst is now behind us.

With the Fall Session beginning on October 8th, we picked up right where we left off and passed Bill 14 - an Act that will realize the creation of the Indigenous Opportunities Corporation. This Crown Corporation will support \$1 billion for loan guarantees, lending money, purchase shares, or joint ventures with Indigenous groups who wish to build and own natural resource projects, or projects of other related infrastructure. We are confident that the passing of this Bill will not only bring many Indigenous peoples and groups out of poverty, but that it will also help us work hand-in-hand to combat the anti-resource development narrative and ensure major projects continue to be built across our province and country.

To further combat the anti-resource development narrative, we also officially named the Managing Director of our highly-anticipated energy war room. With a Managing Director now in place, the operationalizing of The Canadian Energy Centre will begin

immediately to ensure that our energy industry has a fight-back strategy that extends beyond the outcome of October 21st's election.

While we are already into the second sitting of our mandate, we still have an incredible amount of work to do before we fully turn this province around. As we promised you in the months leading up to the election, and as we proved to you during our historic filibusters last session, we will put in as many tiresome hours necessary to fulfill the mandate that you elected us to enact. It may not be easy, but we will always continue fighting for you.

The graphic features a blue background with white text and graphics. At the top is a large, stylized "now OPEN" sign with a dotted trail. Below it is the Alberta coat of arms. To the right, text reads "MLA Miranda Rosin's Constituency Offices". Two sections are shown: "Canmore:" with address "206-1080 Railway Ave" and office hours "Monday - Friday 9:00 am - 4:30 pm"; and "Bragg Creek:" with address "227-7 Balsam Ave" and office hours "Coming Soon". Both sections include a portrait photo of Miranda Rosin.



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KIM MCKYLOR

Rocky View Country Councillor for Division 2



Fall is officially here. The September start up is behind us and we are settling into our fall routines. Council is back in session. I feel like I'm hitting my stride with Rocky View County (RVC) as a Councillor. Being a Councillor has a steep learning curve, but I feel confident now in my questions and responses during Council meetings, in

my governance role on various boards/committees, as well as in my efforts to manage most residents' concerns.

So happy to see you at the Fall Fair! The winner of the pressure washer was Davin MacIntosh of Calgary. I sponsored hats and other swag at the Rocky View County table in addition to the door prize. I hope you were able to at least get a ball cap!

Normally I tell you all about events and other happenings in Division 2, but there seems to be a few distractions out there that I'll address by sharing with you what my role is and how I support our Division (or really, anyone who calls me!). The #1 thing I've learned in the past 2 years is that a Councillor is responsible for governance. The Municipal Government Act (MGA) is pretty clear about this. While we get elected in our Divisions, each Councillor's individual role is really to take care of the entire County. Very seldom should any Councillor have a "Division only" view of the world, because what might be good in one area might have adverse impacts in another. We have a sworn duty to uphold the interests of the entire Municipality!

Someone recently called me and asked me about Divisional representation on various boards and committees. This person had heard that, if a Councillor wasn't on a board/committee, then that Division had no representation. Nothing could be further from the truth. In fact, if that were true, then all boards/committees would have to have all 9 Councillors on them at all times. That's just not how it works. In fact, it isn't even mandated in the Municipal Government Act that Councillors have to sit on boards/committees. When a Councillor sits on a board/committee, this individual represents Rocky View County – all of the Divisions. The Councillor is there to take care of the County, not a Division.

So how do your views, or those of your community get represented if your Councillor isn't on a certain board/committee? Great question! The truth is that all the representation happens at the Council table – that is where boards/committees bring forward their ideas or recommendations and Council votes on them. If I wasn't on a certain board/committee and thought Division 2 wasn't

being represented well, then I can comment, make a motion to amend a main motion, or even introduce an arising motion to ensure Division 2, along with the entire County, are taken care of.

Let me give you a real example that happened last year. A board that I didn't sit on made recommendations about funding applications received for recreation in Divisions 1, 2 & 3. I noted that an application by the Springbank Community Association for the Springbank Community Centre did not receive the board's recommendation for funding. As the Division Councillor, I actually felt quite different about that decision (as I have always been a champion for recreational initiatives in the County), so I stated my thoughts and reasons for wanting to provide funding for the Springbank Community Association's initiative. I then made an arising motion to provide the SCA with funding. My motion was approved by Council. The take away here is that I didn't have to be on the board to represent my Division – I have to be at the Council table.

My goal in sharing this information is to provide facts. I'm not that interested in drama or half truths, or out and out mistruths. If I say something – I'm prepared to back it up with facts.

I have introduced many motions that directly or indirectly impact RVC residents. I've introduced a motion that allowed RVC to take a political stand on the SR-1 project. I've introduced a motion (yet to be debated) to utilize the valued Municipal Reserve lands that Councillor Goode previously championed be dedicated to the Springbank Community Association for a new community hall. I've introduced a motion (yet to be debated) that would see Council do a fulsome review of all fee simple lands owned by the County, and if some of these properties are deemed as surplus, to then sell them at market value in order to fund future recreation projects. I just introduced a notice of motion that would allow Council to make decisions directly on all proceeds from Municipal Reserve land sales, so Council can control where and how those monies are being spent (i.e. for schools, parks, pathways, recreation facilities). I also introduced a motion, which was recently passed by Council, to preserve almost a full quarter section for the Cochrane Agricultural Society, RVC residents and the Town of Cochrane for 20 years in order to support regional recreation initiatives. I have a number of other initiatives in the works as well and I'm hopeful I can share these with you in the future.

As your Councillor, I am working to make your way of life just a bit better – I won't focus on the negative stuff intended to distract us from the good work. It doesn't take much to throw stones, so I'll leave it to those who choose to do that – but ask me for the other side of the story. I'd be happy to have a conversation. In the meantime, I focus on the good work we are doing for Rocky View County and I hope you do, too.

Coffee Chat Night: Please join me for a cup of coffee on Wednesday, October 30th from 4 to 7 p.m. at the Harmony Discovery Centre (26 Arnica View).

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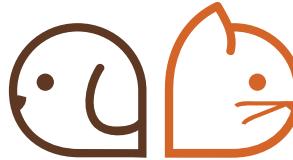
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The **PARK PATTER** is the bimonthly newsletter of the Springbank Park For All Seasons, and is distributed free-of-charge to all residents of Springbank, Redwood Meadows and Elbow Valley (circ: approx 4,100 homes) — all T3Z postal codes. Subscriptions are available at a cost of \$25/yr. Managing Editor: John Rop.

SUBMISSIONS & ADS should be directed to Quick Print Graphic Services (Attn: George Vanderveen) 403-242-3113

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AD RATES Ad rates are available upon request. All ads must be

paid for at time of booking. Full colour is available for an additional charge. Ad bookings are subject to availability; ad rates are subject to change.

NEXT DEADLINE November 22nd for editorial content (contact John Rop, SPFAS General Manager). November 22nd for ads (contact George Vanderveen) 403-242-3113 for delivery in early December.

SPFAS 2019 ANNUAL GENERAL MEETING (AGM) HIGHLIGHTS

The 2019 SPFAS Annual General Meeting (AGM) was held on Monday, September 30th. Highlights of the presentations and related activities that took place at this meeting are outlined as follows:

- Approval of the June 30, 2019 SPFAS Annual Audited Financial Statements
- Approval of the 2018 SPFAS AGM Minutes
- The receipt of Annual Reports from SPFAS President Lisa Skelton, SPFAS General Manager John Rop, as well as from various SPFAS User Groups and other partner organizations

• The appointment of individuals to voluntarily serve on the SPFAS Board of Directors in their respective roles for approximately a 1 year term commencing September 30th as is outlined below:

1. Lisa Skelton (President)
2. Frank Walsh (1st Vice President)
3. Joe Petratrur (Treasurer)
4. Janet Maccubbin (Secretary)
5. Rob Hemstock (Past President)
6. Maureen Munro (Robinson Family Appointee)

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KEVIN HANSON

Rocky View Country Councillor for Division 3



Thanks to everyone who was able to make it to the Councillor Town Hall Meetings late in September. I hosted 2 town halls for Division 3, September 17th at the Elbow Valley Residents Club, and another one September 19th at the Pinebrook Golf Clubhouse. The Monday event was in Division 8 - Bearspaw, and Wednesday's was Division

9, at Weedon Hall. We had a great turn-out for all 4 meetings. Councillors Kissel, Wright and I held the Town Halls to not only tell our story, but to determine if we had the support of our communities. We can honestly say that we have that in spades - the support was overwhelming and greatly appreciated. Residents were able to hear our story and ask their questions and we believe the meetings went really well.

During our town halls it was announced that a petition has been launched. Many of you who wrote asking the Minister of Municipal Affairs to intervene into our sanctions were advised that he could not get involved as the matter was being challenged in court. One of his recommendations was to have residents sign a petition asking the Minister to investigate into the management, administration and operation of the County. Well, some residents have decided to take him up on his offer and do just that.

Information about the petition can be found at www.rockyviewsos.com. Unfortunately, the petition cannot be signed online as all signatures must be witnessed. If you'd like to sign the petition, please go to the site and let them know - they will arrange to collect your signature. In some areas, residents are also going door to door. There will be times/places set up where you can drop in and sign - as soon as there is any more information about those they will be updated on the RockyViewSOS site. They are always looking for volunteers to collect signatures. If you think you'd be able to help, please drop them a line at stopoursanc-tions@gmail.com.

As mentioned in our town halls, the only option left to us to have the sanctions removed is to challenge them in court. Our court date has been delayed a couple of times, but is set for January 22nd. However, this is a costly endeavour and we could really use your help. The resident group, Rocky View Taxpayers Association, has set up a fund raising page to assist with our efforts. It is hosted on Vancouver-based FundRazr: <https://fundrazr.com/RockyViewSOS>. We are already into this for \$30k of our own personal funds while the Council majority is fighting us with your tax dollars. If you believe this is a worthwhile cause, please consider donating. Any contribution is appreciated.

Thank you for all your continued support. You are the reason we are taking on this battle and are willing to go the distance so as your elected representatives we can carry your voice.

Please contact me with any concerns or feedback that you would like me to represent to the county staff or my fellow council members - OFFICE 403.520.1290, CELL 403.463.1166, Kevin.Hanson@RockyView.ca

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7. Trent Cherry (Springbank Curling Club)
 8. Arlene Abboud (Springbank Figure Skating Club)
 9. Nick Maksymiuk (Springbank Lions Club/
Springbank Heritage Club)
 10. Jeff Hill (Springbank Minor Hockey Association)
 11. Robin Somji (Springbank Playschool)
 12. Vance Alexander (Springbank Soccer Club)
 13. Dan Toews (Phoenix Football Booster
Association)
 14. Terry Dowsett (Springbank Community
Association)
 15. Kim Beloglowka (Director at Large)
 16. Janine Solorzano (Director at Large)
 17. Scott Mamchur (Director at Large)

18. George Kaposci (Director at Large)
 19. Kim McKylor (Rocky View Councillor, Division 2)
 20. Judi Hunter (Rocky View Schools - Appointee)

Also during the AGM, SPFAS President Lisa Skelton respectfully expressed appreciation on behalf of the SPFAS Board of Directors and the entire Springbank Community for the contributions of retiring Board Members Melissa Pockar, Kelly Robinson, Wayne Ogorodnick, Dave Gosse, Eniko Kapocsi-Kiss, Darryl Tatomir, Michelle Pellegrin, Kelli Lopushinsky and Kim Copithorne. SPFAS and the entire Springbank community warmly thank them for their service.



Contributed by John Rop, SPFAS General Manager



SPRINGBANK Figure Skating Club



CANSKATE PROGRAM

A Great Way For Young Children to Learn to Skate

If you happen to be in the Joe Phillips Arena at SPFAS on a Thursday afternoon or Saturday morning, you may see the hustle and bustle of little tykes putting on their warm winter coats and woolly mittens, their shining helmets and their skates just before they take their beginning steps onto the ice. The Springbank Figure Skating Club (SFSC) has been offering CanSkate instruction for children ages 3 and up for many years to members of our community. Unlike many other ice programs, this CanSkate program is led by 8 certified Skate Canada coaches, with the support of 16 trained Program Assistants, who teach children to stand and skate on their own.

The two program sessions currently offered on a weekly basis are at full capacity of 130 skaters (and SFSC

currently has a wait list of others who would like to register). For beginning skaters, these programs provide an opportunity to be on the ice without them needing the emotional or physical backbreaking support of parents also being on the ice. Children learn how to stand up and fall on their own and they begin to understand the nature of using their skate edges to glide along the ice. For the beginning skater, whether he or she is a future hockey or figure skater, the importance of not walking forward, or not using toe picks, is essential for understanding the physics of proper skating.

After a few short skates, the incredible improvement in their skating is palpable and noticeable with young children. After just a few instructional sessions, they will need little assistance to negotiate how to

step onto the ice, move around and navigate the obstacle courses that are created to get them to jump, stop, and skate backwards. For other children who have been in the program for a few years, it is clear that the subtleties of proper edging, jumping, and stopping they have learned will inevitably provide them with a solid foundation to enjoy a lifetime of skating, which is truly a Canadian pastime!

For those who are thinking of enrolling their child in this very popular program, registration is now open for the next CanSkate sessions, which begin in January. These sessions are filling up fast. You can register your child by going to www.springbankskating.com.

Happy skating!

Contributed by Dianne Gereluk for the Springbank Figure Skating Club



952 'WESTJET' ROYAL CANADIAN AIR CADET SQUADRON

Are you between the ages of 12 and 18? And are you interested in flying, aviation related activities, and/or the air elements of the Royal Canadian Air Force? Are you looking for a challenge to bring out the best in yourself and your abilities? Then look no further – The Royal Canadian Air Cadets is the program for you! You'll make lifelong friends, learn valuable skills and increase your self-esteem.

Springbank and the surrounding areas are served by the 952 'Westjet' Royal Canadian Air Cadet Squadron. The Squadron meets every Thursday evening from September through June at the Springbank Middle school.

We are currently still recruiting for the 2019 Training Year. If you meet the above noted age and interest criteria, we encourage you to visit the Squadron during



one of the upcoming regular training nights. At these meetings, you can talk to the Squadron's Officers to discuss enrollment, as well as present to them any questions you may have.

If you are ready to join the Squadron, please bring along a copy of your Health Care card along with proof of your birthdate (Birth Certificate or Passport). Enrollment documents are available on this website: <https://www.952aircadets.ca/documents> .

For more information about Air Cadets and the 952 Squadron, check out our website at www.952aircadets.ca , or send your email to 952rcacs@gmail.com .

Contributed by Martin Kennett for the 952 'WestJet' Royal Canadian Air Cadet Squadron

Springbank LADIES TIME OUT

Ladies Time Out (LTO) in Springbank provides an opportunity for women of all ages who live in the Greater Calgary area to meet new people and participate in a variety of registered classes and activities, including cooking, fitness, arts and crafts and much more. The Fall session is currently underway, with some classes still open for registration. We meet on Monday mornings at the Eden Brook Reception Centre (located on Lower Springbank Road and 17th Ave SW).

Everyone is invited to join us for our annual Deck the Halls Christmas Market on Monday, December 2nd from 9 a.m. – 12 p.m. at the Eden Brook Reception Centre. Local vendors will be showcasing their artisanal items and delicious foodie treats. Come enjoy coffee, tea and holiday snacks while you visit with friends and share in the festive spirit. You will also have the chance to win great door prizes! We look forward to seeing you at the Market!

Registration for the Winter session will be held on January 13, 2020. Go to www.springbanklto.com or Facebook/SpringbankLTO to obtain more information. You are also welcome to stop in for a cup of coffee and a chat during one of our sessions. Email inquiries can be sent to springbanklto@gmail.com.

Contributed by Nicole Genereux for Ladies Time Out



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FALL 2019

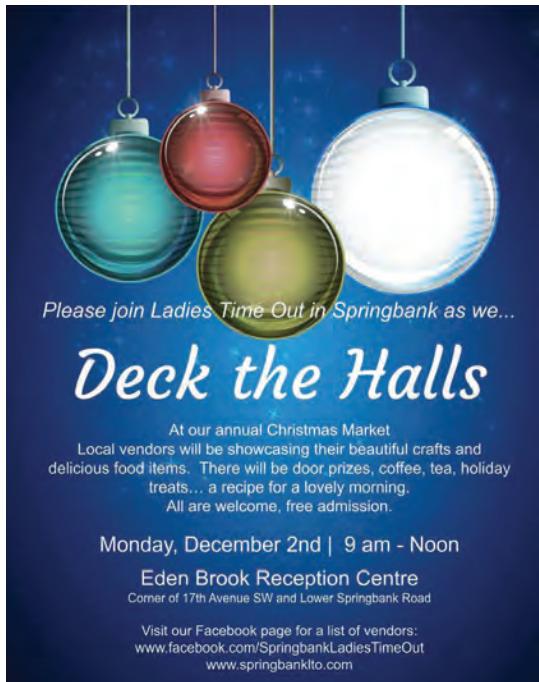
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Please join Ladies Time Out in Springbank as we...

Deck the Halls

At our annual Christmas Market
Local vendors will be showcasing their beautiful crafts and delicious food items. There will be door prizes, coffee, tea, holiday treats... a recipe for a lovely morning.
All are welcome, free admission.

Monday, December 2nd | 9 am - Noon
Eden Brook Reception Centre
Corner of 17th Avenue SW and Lower Springbank Road

Visit our Facebook page for a list of vendors:
www.facebook.com/SpringbankLadiesTimeOut
www.springbanklto.com



Springbank Park For All Seasons 2019 Old Tyme Fall Fair Horticulture Show High Point Winners

Congratulations !

Children 6 & Under
Julien Bygrave - 9 Points

Children 7-9 High Point
Aleesha Terry - 87 Points

Children 10-14 High Point
Sophia Sanchez - 121 Points

Teen 15-20 High Point
Michaela Chronik - 48 Points

Adult Horticulture High Point
Danielle Lee - 155 Points

Adult Arts, Crafts & Hobbies High Point
Rebecca Leonard - 48 Points

Adult Home Skills High Point
In Memory of Millie Sidebottom
Agnes Wolstenholme - 54 Points

Childrens Overall High Point
Sophia Sanchez - 121 Points

Adult Overall High Point
Danielle Lee - 155 Points

SPRINGBANK SOCCER CLUB

The Springbank Soccer Club (SSC) would like to thank the 350 players, as well as their families, for registering and participating in the Club's 2019 outdoor season. The Club's House League program and the City League programs were both great successes this past season. Moving forward, we plan to further develop our Club's programs so they will continue to provide outstanding experiences for all of the players in our Club.

One SSC team of note is the U13 Boys Tier 1 team, which won a provincial championship. This team won the first Tier 1 championship in the history of the Springbank Soccer Club. The roster of this 2006 birth year team featured a mixed age group, including 25% of the players having 2007 birth dates, one of whom is a female player. Congratulations to all of the team's members (see the photo below).

SSC also fielded a U17 Boys team which finished in 1st place during both the CMSA League and Fall seasons. This team also took 3rd place at the provincials. The SSC



U15 Boys team finished 2nd in CMSA league play and also placed 11th in the provincials. And the Club's U12 Girls team won the Final 4 in CMSA League play. In addition, the Club's U13 Girls Team won a tournament which was held in Canmore (see the photo below).

Congratulations to all of our Club's teams. We had an amazing season and we are all so proud of these young girls and boys for their commitment to soccer, as well as for their unwavering sportsmanship!

The Club recently hosted an Alberta C License coaching course, which was attended by 17 of our coaches. Completing this course is an important step in developing and providing quality coaches for the players in our Club's programs. Thanks to all of the coaches and managers who volunteer their time to help develop our Club's players into great members of their communities.

Contributed by Vance Alexander, Springbank Soccer Club General Manager



SPFAS OFFERS A WIDE VARIETY OF DAY TIME ACTIVITIES

Are you looking for something to do during the day this Fall, Winter & Spring? SPFAS has many different day time activities on the go. Here is a list of day time activities offered by SPFAS that you are welcome to check out:

- Parent & Tot Skating – Go to the SPFAS website for times and other information.
- Senior Mens' Shinny Hockey – See the SPFAS website to obtain information.
- Women's Hockey – Contact SPFAS; We'll link you up with Juliette Ganske.
- Outdoor Rink – Contact SPFAS to ask about day time free ice use and ice rentals.
- Wednesday Afternoon Ladies Curling – Contact SPFAS to obtain information.
- Thursday Late Afternoon Mixed Curling – Contact

SPFAS to obtain information.

- Friday Morning Seniors Curling – Contact SPFAS and we'll help you to register.
- Lounge & Concession Services & Bookings – Contact SPFAS and we'll help you.
- Meetings in SPFAS Community Board Room – Contact SPFAS for reservations.
- Springbank Playschool – Contact SPFAS re registering your 3 or 4 year old.
- Driver's Training Classes – Contact SPFAS to register for November Classes.

Come to SPFAS to have fun, play, learn and socialize. You are welcome to call SPFAS (403 242 2223) to obtain additional information regarding the above noted activities.



Contributed by John Rop, SPFAS General Manager

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ROCKY VIEW COUNTY

Cultivating Communities

RECREATION NEWS IN THE COUNTY

Rocky View County Council approved significant changes to the County's recreation model at the July 23, 2019 Council Meeting, the most noteworthy being the replacement of the Recreation Boards with a single Recreation Governance Committee comprised of only Council members.

The Recreation Governance Committee will make strategic decisions to better prioritize recreation funding, looking at the needs of the entire County, including consideration of programs, services, and facilities that the County funds in neighbouring municipalities.

At their September 24, 2019 meeting, Council approved the appointment and Terms of Reference for the new Recreation Governance Committee (RGC) that will act as the approving authority to all recreation related matters in the County, including grant allocations and long-term planning.

The County is developing new policies, exploring partnership opportunities, and preparing for the creation of a recreation master plan. As part of the implementation process, the County is undertaking a new Recreation Needs Assessment! The last study was conducted almost 10 years ago and since then, there have been significant changes in the population and demographics in the County. This exercise is part of the implementation plan of the new County Recreation Governance Model. We aim to better understand, serve, and prioritize all of our residents' recreational needs, and to inform the County-wide Recreation Master Plan 2020.

We will be surveying every household in the County, except the Rocky View West and Bow North Recreation Districts, as they have both been surveyed in the recent years; the results of both studies will inform the County-wide Needs Assessment.

In other news, Administration presented 14 different alternatives to fund the development of a community facility in the Springbank area. On September 24, 2019 Council directed Administration to explore the establishment of a Recreation and Parks Foundation to support the buildout and long-term maintenance of recreation and parks amenities and programs in Rocky View County.

The Recreation, Parks and Community Support team are excited to complete this work and will provide further updates as to when it will be brought to back to Council...so stay tuned!

Contributed by Ines Cortada, Community Project Coordinator, Recreation, Parks and Community Support, Rocky View County

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Springbank Playschool

The Springbank Playschool's new school year is off to a great start. We have 3 classes of fun, loving, wonderful children and we can tell we have a super collective group of parents again this school year.

Our 3 year old program is taught again by Ellery Chzyck. Our 4 year old program is led by Rachelle Kearn.

The 3's have had a great start! Lots of play, discovering new toys and making art happen with new materials. The 4's are exploring new ways with art, challenging their independence and picking up where they left off with their classmates from last year, while welcoming some new friends this year.

The highlight for our school year so far is the Butterfield Acres outing. Each class takes a field trip there. Unfortunately, the 3's got to do their field trip in the snow. The 4's lucked out with a great day full of warm weather and sunshine. The kids went on a pumpkin hunt, then they decorated them and brought them to their homes. They also enjoyed a "wagon ride", as well as lots of time with the animals there.

The kids are looking forward to our annual Halloween Parade at the end of October. And we are also looking forward to a visit from Rocky View County Firefighters in November, along with many other fun activities as we progress through this school year.

Contributed by Robin Somji for the Springbank Playschool

SPRINGBANK HERITAGE CLUB ANNUAL CHRISTMAS BAKE SALE

Saturday, November 2nd from 10:00 AM - 2:00 PM

Bread, Buns, Cakes, Cookies, Pies, Tarts, Candy, Jam

And Our Specialty: Light & Dark Fruit Cakes

Soup and Sandwich Lunch Available

Come for a Cup of Coffee &/or
a Bowl of Homemade Soup

Get to Know Others in Our Community



The Springbank Heritage Club is a not-for-profit organization created for the benefit and enjoyment of senior citizens, age 50+, who live in Springbank and surrounding communities.

Facility Location: 244168 Range Road 33 (1 km south of the Calaway Park Overpass on the east side of RR #33 just past the Springbank Middle School)

Club Contacts: Office Phone 403-242-9350 and Email springbankhc@telus.net

Facility Rental Inquiries: Call Mr. Val Finch @ 403-288-1288

Contributed by Flo Sytsma for the Springbank Heritage Club



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Thanks so much for supporting the Springbank Community Association with our first annual apple fundraiser! The apples were delicious! Look for this fundraiser again next September. A special shout-out to thank the Springbank Heritage Club for storing our apples until pick-up time!

Our 2nd Annual Back to School Movie Night was sold out! Thank you to Calaway Park for their ongoing support of our community. Although the weather was cool and wet, there were lots of smiles and the kids had a great time.

Our Priority Updates

Springbank Off-Stream Reservoir (SR1): We delivered over 800 letters asking the provincial government to reconsider MC1 to MLA Miranda Rosin to present in the legislature. The Tsuut'ina Nation have clearly voiced their opposition to the SR1 project, which will have long-term impacts on our communities and environment. Our MLA Miranda

Rosin and our MP John Barlow staunchly oppose SR1 and continue to advocate for a better long-term solution for managing our precious Elbow River. Alberta Premier Jason Kenney is on record as saying he wants to get flood mitigation for Calgary, but is not committed to SR1 if the delays and First Nation's opposition cannot be addressed. Go to our website, www.springbank-community.com, to read a Calgary Herald article, as well as review SR1 videos and our SR1 blog. Heartfelt thanks to MLA Miranda Rosin and MP John Barlow for their continued advocacy and support on this important issue. Further, the letter writing campaign would not have been a success without the support of Barbara Teghtmeyer from the Bragg Creek Trading Post, Dr. Karen Massey, Dave and Peg Rupert, Julie Handrahan and others from Bragg Creek and Redwood Meadows!

Range Road 33 Beautification: We have retained a traffic engineer to



help us plan for a vision for RR 33. Roundabouts are being planned for Township 250 and RR33, along with either side of the RR33 overpass (and possibly more south.) We see these traffic circles as a way to beautify our community, through signage and timeless design. Our existing Springbank signage is outdated and faded. We are working with RVC and Bingham Crossing to plan for and fund weather-friendly, low maintenance sculptures and/or signage, with a view to similar signage being phased in over time in other parts of the community. The concept drawing is courtesy of Jan Erisman and it is based on Mark Kamachi's Community Association logo. If you are interested in this project, please contact Jan at janteris@telus.net.

Contributed by Lynn Munro for the Springbank Community Association



BEST RURAL CRIME WATCH PRACTICES

What is one of the most critical things to do to prevent rural crime? Look for suspicious activity.

We intend to continue making Springbank a great community. Thieves check out opportunities by scouting through their vehicle windshields for likely targets, especially those that represent items of value and show minimal resistance. If we can identify thieves while they are scouting, we may avoid a theft and also provide information that leads to an arrest.

What is suspicious activity? How do we look for it and check it out? Here are actual examples that have occurred in Springbank during the past two years:

1. A resident sees a truck slowly driving through a subdivision. She gets into her vehicle and gets close enough to get a description of the male driver and a picture of the vehicle's licence plate. The vehicle scurries away.
2. A resident with a long driveway

finds two pieces of concrete on it and removes them. A few days later, other pieces appear.

3. A truck is parked at dusk in a hidden area beside a telephone switching station. The vehicle is running with two male occupants in it. There have been recent reports of stolen copper and batteries.
4. A slightly dishevelled person appears on the resident's doorstep

continued on next page...



Learn To Do By Doing

SPRINGBANK RAWHIDES

The Springbank Rawhides had a great summer of 4-H activities. During the August long weekend, Club members participated in the 4-H Regional Horse Show. This 3 day Show took place at the Westerner Park in Red Deer. It included an English day, a Western day and a Gymkhana. During the Saturday Night Fun Event, Club members participated in a horse themed scavenger hunt. While scores for the scavenger hunt were being tallied, we practiced our line dancing to some good old fashion country music in the show arena. To top off the evening, we took a trip to the craft store and carried on with our tradition of

painting and decorating our horses for the Gymkhana event. All in all, the Regional Horse Show is an experience we will never forget and look forward to attending next year!

We have begun a new year of 4-H meetings, events and other activities. During September and October, our Club has been focused on creating new 4-H experiences. On September 20th, we held our Fall Reorganization meeting, in which we welcomed new members and discussed plans for the year. This year we have members participating in horse, dog, lifeskills and even guinea pig projects! During this meeting, we also held Club elections, when we vote on who will be responsible for various positions in the Club in order to keep everything running properly. We also held a meeting on October 25th in conjunction with enjoying our annual Halloween Party. Our first riding clinic took

place the next day, October 26th.

On September 28th and 29th, 4-H held their rodeo at the Calgary Stampede Grounds. This event included barrel racing, pole bending, goat tying, roping, cow riding and steer daubing.

Club Members also had a great time attending the Annual 4-H Corn Maze during the first weekend of October.

If you have any inquiries about joining the Springbank Rawhides 4-H Club, please contact Norma via email at norma.ansloos@parker.com.

Contributed by Jennifer Sadownyk for the Springbank Rawhides 4-H Club



continued from previous page...

'looking vaguely for directions' at 6:30 in the morning. A vehicle occupied by another person is seen at the end of the resident's driveway.

5. A resident is walking his large dogs on a road. He sees a vehicle in a road approach, a vantage point that provides a good view of adjacent residences. He asks questions of the occupants.

We are all likely to encounter similar situations. If we really pay attention to what is normal, we

see things that are worth noting. Is further investigation possible, timely and safe? Sometimes the curious helpful approach yields solid information. Potential intruders usually scurry off if they are identifiable by description or photo. At other times, our instincts should deter us from investigating further. Review these examples and questions with your family members and neighbours and share your own experiences with them. Exercise good judgement and be willing to look out for and prepared to respond to suspicious activities you see. This is an effective approach

to take that can make a difference to you, your family, your neighbours and to our entire community.

Check out the news and links on the Rural Crime Watch website at <https://cfparcw.ca/>. And Invite your neighbours to also become part of our community movement, so we all send the following message to potential thieves: "Beware. These rural people are informed, prepared and they work together to deter crime."

Contributed by Jim Willson for Rural Crime Watch - Cochrane Foothills Protective Association

SPRINGBANK ACADEMY KICKS OFF ITS SCHOOL YEAR AT SCHS

The Global Sport Academy Group warmly welcomes students from the Springbank community, as well as from neighbouring communities. Global continues to provide elite-caliber coaching and engaging programming for hockey players and golfers. Global Sport Academy's highly regarded group of high-performance athlete development programs began for the current school year this past September at the Springbank Community High School (SCHS), as well as at the Springbank Park For All Seasons (SPFAS). These athletic programs are fully integrated into the High School's regular academic class schedules. Hockey training sessions have started on the ice at SPFAS. These sessions are led by coaches Addy, Surbey and Wagner. They are tailored to develop and refine basic skills (such as shooting, edgework and puck handling) while in motion or under duress, as well as to mirror game situations where players are likely to find themselves in pressure situations (rather than clean situations) as they make plays. Both male and female athletes have already participated in at least one program-wide tournament. These tournaments have provided lots of energy and fun in organized competitive environments. Golf sessions have also been held throughout the first two months of this school year, although September and October snowstorms at times interrupted efforts to train at the golf course.

Morning Academies Registration

For younger athletes looking to take their hockey game to the next level, Global is operating Morning Academies at various locations within the Calgary region during the 2019-2020 school year. The Springbank Hockey Morning

Academy runs select Friday mornings from 7 - 8 a.m. at the Springbank Park For All Seasons until March of 2020. This Academy provides prospective Global athletes with the kind of on-ice programming enjoyed by full-time Academy students on a regular basis. This Academy also serves as an introduction to Global Sport Academy's overall approach and philosophy towards player and character development. Morning Academies are open for registration any time (prospective goaltenders receive a special rate). We would love to see your son or daughter on the ice enjoying themselves and developing their skills! The Springbank Morning Hockey Academy is currently open to all male and female athletes who have 2006, 2007, 2008, or 2009 birth years. To obtain more details and to register your child for this Academy, go to our website at globalsportacademygroup.com.

Contributed by Evan Li for the Global Sport Academy Group



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Dear Springbank Residents,

We at Mountain View Performance (MVP) are extremely excited to announce that we are in the process of opening a new community-based fitness facility in the heart of Springbank. We've recently secured a fantastic facility on Mountain View Trail, conveniently located near the Springbank Airport. Our current target opening date will be the start-mid November.

MVP aims to provide clients the means towards a healthy lifestyle, based upon a personal fitness facility that is open and engaged through a client-driven mentality. MVP will cater to all individuals and athletes who are looking to improve, whether it is during their day to day activities or taking it to the next level in their respective sport. To this end, we will utilize a variety of training methods, and offer guidance and motivation through specialized routines, designed daily. Additionally, MVP will offer specialized input and Sport-Specific training—based upon the combined experience of its operators.

What separates MVP from the 'ordinary gym' is our client-driven, semi-private training philosophy. We want to create an environment in which anyone with any level of fitness ability can enter our facility and feel welcomed, motivated and inspired. We want to create a community within the community, where MVP will be a commonplace for all residents to meet, have fun and ultimately be active. Gyms can feel intimidating. Not MVP! When you are a member you become part of the MVP family and we will help guide you through your journey; we take pride on making sure you achieve your goals. Our members will receive new workouts daily, generally running from 45 minutes to 1 hour in length, with every day being a different workout focus. There will always be MVP staff on hand to help guide and coach our members through the provided workouts, getting that personal training touch.

Additionally, we will be introducing a variety of different classes that our members can utilize. Examples of such classes will include: spin, booty classes, yoga-cardio, yoga after dark, self-defence and boxing. As we establish our clientele base we will constantly be seeking ways to enhance our members' experience. We will evaluate our clients' needs on an ongoing basis, and we will be open to any adjustments that we find will benefit our members' overall experience.

Follow us on Instagram ([MountainViewPerformance](#)) and Facebook for updates as we begin this journey. If you are interested and want more information, or to hold a membership spot risk-free, as well be added to our contact list for updates as we near our open date, please contact us at info@MountainViewPerformance.ca or call us at 403-333-9138 or 403-333-9162.

We are extremely excited to start this journey and look forward to hearing your feedback.

We hope to meet you soon!

Sincerely,

Mountain View Performance



WHEN SHOULD YOU TAKE CPP?

Canadians are eligible to elect to receive their CPP (Canada Pension Plan) benefit as early as age 60 and as late as age 70. If you elect to receive your pension prior to age 65, your CPP benefit is reduced by 7.2% per year for each year prior to age 65. If you defer taking CPP until after age 65, your benefit is increased by 8.4% per year for each year that you wait beyond age 65.

Factors to Consider in CPP Timing

- Cash Flow Needs – Do you need the cash flow now?
- Life Expectancy – Lower than average life expectancy is an argument to take CPP early, and the converse is true for higher than average
- Security – Delaying CPP results in a higher, fixed and inflation-protected income stream for as long as you live, which those without defined benefit pensions may find appealing. Those already with a reliable inflation-protected defined benefit pension may want to take CPP early to either spend it and/or invest it.
- Fairness – Do you strongly resent the idea of delaying CPP but then passing away early, having not collected your “fair share” of CPP?
- The Value You Place on Younger Retirement Years – Some people value having more cash flow in their younger retirement years.
- Employment Income – In the case that you do work past age 65, you would generally delay CPP for tax purposes and to generate a higher future CPP payment.
- Legacy Goals – Delaying CPP means that you will be drawing down more of your personal wealth in the early years, which may affect your goals of leaving behind an estate.
- Retirement Timing – Your CPP is partly based on how many years you contribute. If you retire early, you may have more years of zero income going into the calculation.

Getting The Information You Need

The CPP decision is highly personal and involves weighing factors that are both objective and subjective. Here are some tips to help make an informed choice:

Open an online My Service Canada account where you can find personalized CPP projections. Keep in mind that these estimates are calculated using lifetime average

earnings and they may be skewed for those retiring early, or for those expecting a different income than their past average.

For even more personalized figures, contact Service Canada at 1-800-454-8731 where you can ask a representative about different scenarios. For example, “If I retire at age 57, how much would I receive at age 60, 65 and 70?”

You can also speak to a Certified Financial Planner about how CPP can fit into your larger financial picture.

Note: This information is general in its nature. Its accuracy &/or completeness is not intended to be specifically guaranteed to assist a particular individual or to address a specific situation.

Contributed by Morgan Ulmer, Springbank Resident, CFP (Certified Financial Planner), Caring for Clients, Calgary, AB



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Under renovation - office hours coming soon



SPRINGBANK JUNIOR CURLING PROGRAM

Curlers of all abilities from ages 8 to 18 are welcome to participate in the Springbank Curling Club's Junior Program, which begins Saturday, October 26th. It runs Saturday mornings from 10:00 a.m. to 12:00 noon until March 7th, with some "Saturday Off" breaks to accommodate statutory holidays, as well as various Springbank Curling Club bonspiels. Curling equipment is provided to all of the participants. All curlers are required to wear helmets. This Program includes excellent curling instruction and leadership provided by an outstanding group of adult volunteers.

Participants in the Program learn how to curl and they have lots of fun doing so! And they meet many other youths of varying ages who come to curl in a fun learning environment that is focused on skill development and positive social interaction (i.e. not in an environment that is ultra-competitive).



Registering a child in the Springbank Curling Program also provides parents with opportunities to meet the parents of other participants. If you are new to Springbank or Calgary and have a child who is interested in learning to curl, this

Program is a great way for your family members to meet and get to know other people.

The curling community is an outstanding example of a sport which truly encourages and promotes social interaction, both in and outside of the curling rink.

The cost for an individual to participate in this Junior Curling Program is just \$120.00 for the entire curling season. You can obtain more information about the Springbank Curling Club's Junior Program and register your child to be a participant in it by sending your email to sbjuniors14@gmail.com.

Contributed by Carissa Backus, Springbank Junior Curling Program Volunteer Leader

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For more information please visit www.springbankpark.com or call us at (403) 242-2223

Parent Tot Skating
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2019 BONSPIEL

BEING THANKFUL FOR WHAT WE HAVE IN OUR “BACK YARD”

It's very easy to for us to take for granted what we have living here in Springbank. We live close to a major metropolitan city. Calgary, our neighbouring municipality, provides outstanding medical facilities and post secondary schools, a vast array of job opportunities, an international airport and so much more. We also live relatively close to Banff National Park, an internationally renowned location that brings tourists from around the world to the Banff Townsite, to Lake Louise, as well as to many more outstanding venues. In many respects, because of the Springbank Community's proximity to a bustling City and a majestic National Park, we really do have "the best of both the urban and natural worlds".

How often do we take a moment to appreciate what we have here living in Springbank? Well, I have recently had two such moments to reflect on how fortunate we are to live where we do.

During the first occasion, this summer my wife Arlene and I were sitting in Chicago's O'Hare International Airport waiting for our flight. We had enjoyed a terrific vacation time as we celebrated a nephew's marriage with family, ventured throughout the "Windy City", watched the Chicago Cubs play at Wrigley Field, travelled around the USA Mid-West's "Bread Basket" and strolled along the Mississippi River. We were reminiscing about our vacation activities when a young couple came and sat beside us in the airport terminal. As is often the case when flying out of O'Hare, our flight was delayed, so we had lots of time to chat with them. Invariably we shared with each other why we were all on the same flight to Calgary. While Arlene and I were returning home to Springbank, they were absolutely thrilled to get on the plane after having left their two young children with grandpa and grandma in Wisconsin. They were really looking forward to their 4 days together on their annual "just the two of us" vacation trip. They told Arlene and I that, each year since they've been married, they plan a surprise "just the two of us" vacation trip. Each year they take turns assuming the responsibility of selecting a destination and then the one surprises the other by keeping the location a secret as long as possible. With previous trips, they had surprised each other by travelling to France, to Italy and to a number of other world wide locations. With this year's trip, the wife had the whole world to pick from and she decided that they were travelling to Banff and Lake Louise! The enthusiasm in their voices and the excitement in their eyes as they shared their plans with us and asked us questions about

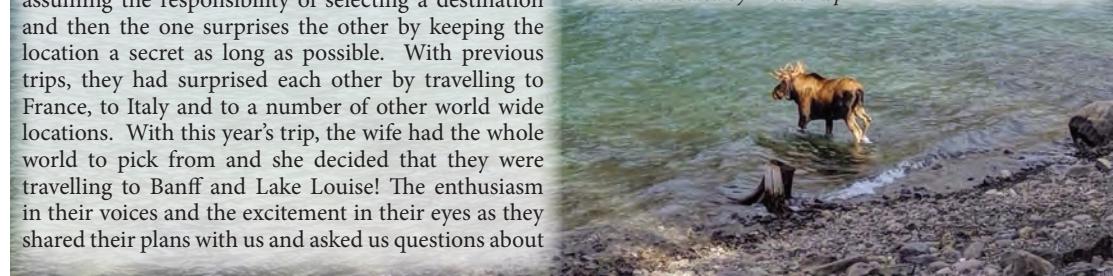
Banff and Lake Louise made me once again recognize how fortunate we are to have "crown jewels" like Banff National Park and Lake Louise in our own back yard. I also realized in that moment how sometimes people living elsewhere who are absolutely thrilled to come and see Banff National Park and Lake Louise can remind us to be thankful for the Rocky Mountains being so close to where we live.

During the second occasion, this fall the "Ropper Clan" scheduled a day hike around Upper Kananaskis Lake. This hike has become an annual tradition for Arlene and I, as we've rounded up family members and friends to traverse the entire perimeter of the Lake once a year. With this year's hike, Arlene and I joined 5 others for our annual "UKL" adventure. After hiking for about an hour as we watched the fog burn off the Lake and the sky turn the most spectacular blue, we turned a corner on the trail and then stopped suddenly. There in front of us was a massive bull moose at the Lake's edge! He knew we were there, however he paid little attention to us as he took a drink, strolled into the water up to his chest and then casually began to swim across the Lake. We watched him swim away from the shoreline and then we admired him from a distance as we continued on the trail while he completed his swim to the distant shore. What a sight to watch, maybe to be seen only once in a lifetime! And what an experience to share with family members, one which made me reflect on how truly grateful we should be for what we have in our own back yard.

As I am writing this on the Thanksgiving long weekend, I encourage us all to be thankful for living in Springbank and to be grateful as we take a moment to realize and appreciate what we have in our back yard. Take the time with your family and friends to explore our surroundings and to cherish what we have in our back yard. We've got it pretty good living here in Springbank!



Written content contributed by John Rop and photo contributed by Arlene Rop



SPRINGBANK WILDLIFE

SPFAS thanks the Springbank residents who have shared with us their locally taken photos included in this edition of the Park Patter Newsletter. Like all of us, birds and other wildlife are now transitioning to the winter season. If you'd like to share photos of birds or other wildlife you've recently taken in Springbank, email them to jrop@springbankpark.com. Thank you for keeping the photos coming! SPFAS receives lots of positive comments from Park Patter readers regarding how much they enjoy reviewing this regularly featured section of the Newsletter.

This Newsletter includes four photos taken by Brian Robb. He recently took a couple of outstanding pictures of birds he spotted on the Bow River, the first of a Surf Scooter and the second of a trio of Double-Crested Cormorants. Brian has also shared with us two photos of both big and small creatures living in Springbank, the first of a still growing young bull moose and the second of a brash bold squirrel stealing food from the Robb's bird feeder. Shaun Smoole has contributed his photo of a "Gang of Four Bucks" strolling in the ditch along Range Road 32 as they "cruise their neighborhood".

Thanks very much to the Springbank residents who have shared their bird photos with our Park Patter Newsletter readers.

 Contributed by John Rop – SPFAS General Manager, Shaun Smoole



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Look who came to the Paulsen's residence for Thanksgiving dinner. This cow moose and her yearling enjoyed hanging out at our place. We didn't invite them into the house for our Thanksgiving dinner. Instead, they had their own Thanksgiving feasting in our yard.

Content and photos contributed by John Paulsen



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SPRINGBANK GARDEN CLUB

Our family loves garlic. Whether in a sauce or roasted in the oven, garlic has always been a favorite at our dinner table. Last fall, we attended the Garlic Fair hosted by the Calgary Horticultural Society at the Golden Acre Garden Centre. We've planted garlic before, however this summer we wanted to see what other varieties could be successfully grown here. To our surprise, there was a huge variety of hardneck garlic we were told could be grown in the Calgary Region. We picked out Russian Red, Music and German White varieties and, before we knew it, we had over 80 cloves of garlic we needed to plant. The test would be if we could grow all these varieties in Springbank. I am looking forward to sharing my findings with members of the Springbank Garden Club. Our Garden Club is a forum for gardeners (experienced green thumbs as well as newbies and everyone in between) to share our ideas, experiences and learnings.

Generally, garlic should be planted in the fall, just before the ground freezes, in a sunny location. It can also be planted in early spring, if you are able to work the soil. Each head or bulb of garlic should be separated into individual cloves. Once the cloves have been separated, plant them 4 – 6 inches apart and 3 - 4 inches into the ground, with the pointed ends up and the blunt ends, or root plate, down. Be sure to provide some water to dampen the soil if your planting location is dry. Adding additional nutrients to your soil, like working in a layer compost is always beneficial. If you can add a protective layer of mulch, straw or chopped leaves, this prevents the soil from drying out and keeps even moisture levels.

Garlic enjoys non-compacted and well-drained soil that is weeded regularly. Our family planted several rows spaced approximately 1 foot apart in raised garden beds. As you can see from this picture, I didn't keep up with the weeding. However, I had hoped that the chamomile would become an excellent companion plant and not compete with the garlic!

We harvested the scapes shortly after they appeared

(we added them into our stir-fry meals), so the plants directed their energy into growing bulbs, rather than producing flowers and seeds. Usually we cut the scapes back to where the first set of leaves appear at the top of the stalk.

Once the leaves started to turn brown and the stalks started to harden, we stopped watering the garlic plants and allowed the soil to dry out. Then we dug out the bulbs. Don't wash the bulbs after they are out of the ground, but rather brush the soil off from around their roots, as the bulbs need to be dried in order to cure. Keeping the stalks and leaves attached, the garlic plants can be tied in bundles and hung in a breezy area, not in direct sunlight. The plants can also be spread out on screens or drying racks and left this way for approximately 2 weeks. Then a final cleaning of dirt off the bulbs can be done with a dry cloth or by hand wearing garden gloves. Gently remove what's left of their roots, while still keeping the skins intact and the bulbs together. After that, the bulbs can be cut from the stalks and hung in netted sacks or bags and placed in a cool, dry area, ideally with a stable temperature around 15C. If properly cured and stored, the garlic should keep for 4 to 6 months.

We are happy to report that, even with the volunteer chamomile and unpredictable weather in Springbank this year, our garlic was successful! We've saved the biggest bulbs to break apart and re-plant and we have been enjoying eating the smaller bulbs.

If you would like to discuss garlic, listen to a talk from one of our monthly speakers, or review other topics related to your garden, we invite you to come and join us at a Garden Club meeting. If you would like more information regarding the Springbank Garden Club, please contact Barb via phone at 403-286-1605 or by email at bdsweetsmith@gmail.com. The Club meets at 7:30 p.m., the 3rd Tuesday each month from September until June, at the Springbank United Church.



Contributed by Monika Stirling for the Springbank Garden Club

BOW BASIN WATER MANAGEMENT OPTIONS

Overview:

The Province of Alberta is currently assessing options to mitigate the impacts of both flood and drought on the Bow River. A May 2017 report by the Bow River Working Group identified 3 reservoir options that warrant further study. In November 2018, the Alberta government launched a conceptual assessment of the following new reservoir options:

1. A new reservoir located near Morley between the Horseshoe Dam and Ghost Reservoir
2. Expansion of Ghost Reservoir
3. A new reservoir located between Ghost Reservoir and Bearspaw Dam.

Project Details:

The potential selection and implementation of a reservoir option on the Bow River would be completed in four phases:

- Phase 1: Conceptual Assessment
- Phase 2: Feasibility Study
- Phase 3: Detailed Design, Engineering and Regulatory Approvals
- Phase 4: Construction.

Phase 1 – the conceptual assessment – began in November 2018 and is scheduled to be complete

this winter. The conceptual assessment consists of:

- high-level hydrology study
- conceptual design of all 3 reservoir options
- tabletop geotechnical investigation
- high-level environmental scan
- engagement with First Nations, Métis, potentially affected stakeholders, and the public.

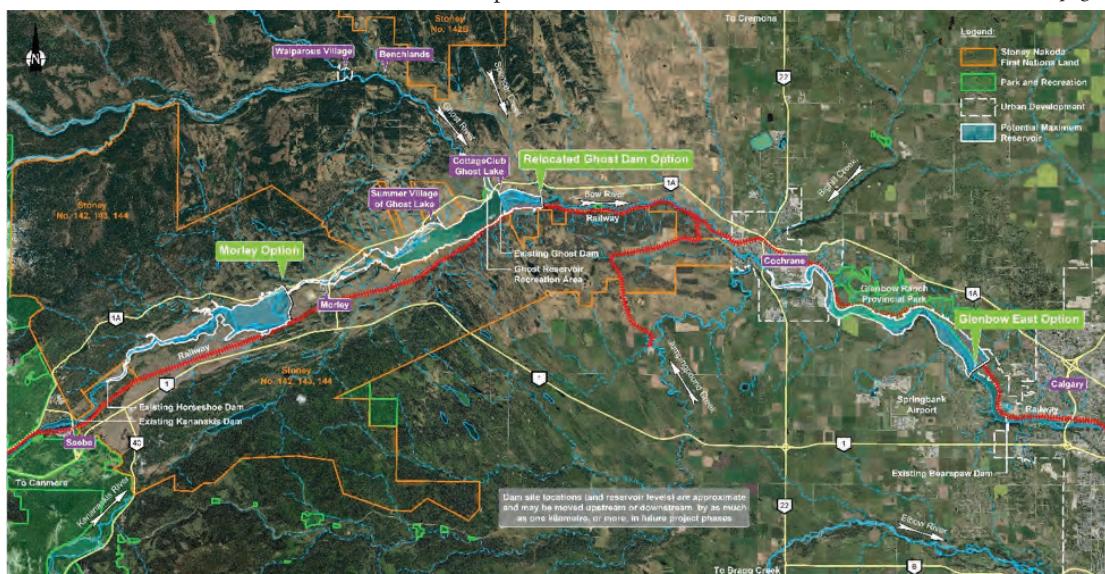
Study Corridor:

The reservoir options considered in the conceptual assessment are located along the Bow River, from Seebe to Calgary. The map below shows the selected locations and extents of the associated reservoirs.

Bow River Working Group Consists Of:

- municipalities along the Bow River, including the City of Calgary and Rocky View County
- First Nations, including Stoney Nakoda First Nation and Siksika First Nation
- TransAlta
- the irrigation districts
- Bow River Basin Council
- environmental organizations
- both provincial and federal government departments.

continued on next page...



BOW BASIN WATER MANAGEMENT OPTIONS
CONCEPTUAL ASSESSMENT - SEPTEMBER 6, 2019

wood.

Alberta

MAP ILLUSTRATING
RESERVOIR OPTIONS



SPRINGBANK CREATIVE ARTS CLUB

The Springbank Creative Arts Club's mission is "to encourage the development of arts and crafts within the Springbank community and schools". In accordance with our mission, the Club is delighted to welcome three new junior artists who are participating in the Springbank Christmas Market Show & Sale to be held November 2nd & 3rd.

The Club's participation in the Springbank Old Tyme Country Fair, which was held on September 7th, included showcasing samples of items that will be available at the Christmas Market. Congratulations to the Fall Fair organizers for putting on a very well managed event.

The 36th Annual Springbank Christmas Market Sale is completely filled! It features lots of new vendors and of course many returning favorites. Please mark your calendars for November 2nd & 3rd and then plan to come to the Sale and gather up unique gifts for the special folks on your Christmas list! Support for the vendors benefits everyone. The Club thanks you all in advance for attending. Enter the draw for the opportunity to win a gorgeous live seasonal arrangement!

Please contact Janice via email (janice3lambert@gmail.com) to plan for any new business to be introduced at future Club meetings in order to arrange for these items to be added to an agenda. The Club's next meetings will be scheduled at a later date, with the first of these to be scheduled for some time in the New Year.

The Club is enthusiastic and diverse. We encourage new members to come and be a part of this community organization. The Club provides an opportunity to meet artists, artisans and other crafters living in Springbank. Bring along your latest projects (for "Show and Tell") to share with Club Members. Send your email to yjo999@gmail.com to obtain more information about the November 2nd & 3rd Market Show & Sale, or about obtaining a Club membership.

You can follow the Club on Facebook to obtain Market Show & Sale updates and information about other Club activities (facebook.com/springbankchristmasmarket).

Contributed by Yvonne Bamlett for the Springbank Creative Arts Club



continued from previous page...

The Bow River Working Group will continue to provide input on this project.

Public Engagement:

Information sessions are scheduled for fall 2019 to provide a project update and solicit input from the public. For dates and times of these events visit: www.talkaep.alberta.ca. Information can also be obtained by going to the following website link: <https://open.alberta.ca/dataset/0377f2cf-96a5-45a2-9145-fe99080f59a9/resource/bc537045-a154-4322-b5d0-e86858518e30/download/advicewatermanagementbowriver-may17-2017.pdf> which includes the following report: Bow River Water Management Project: Advice to Government on water management in the Bow River Basin . To present questions about Bow River reservoir options, call 403-355-2491 and/or send an email to aep_bowbasin@gov.ab.ca .

 Information extracted & assembled by SPFAS General Manager John Rop from the following Province of Alberta Website: <https://www.alberta.ca/bow-basin-water-management-options.aspx> .

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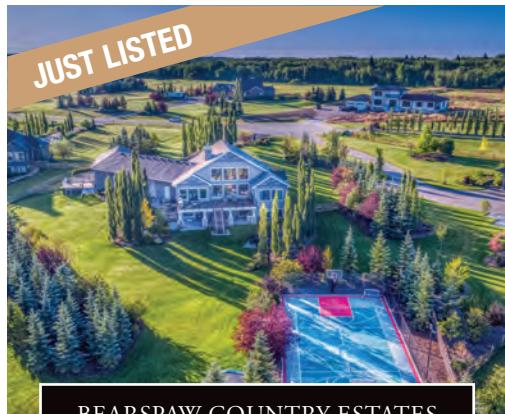
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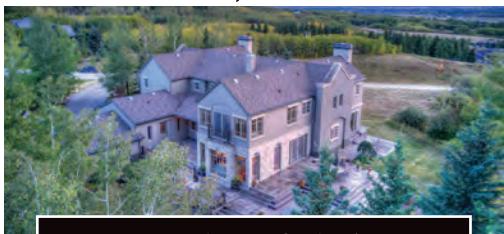
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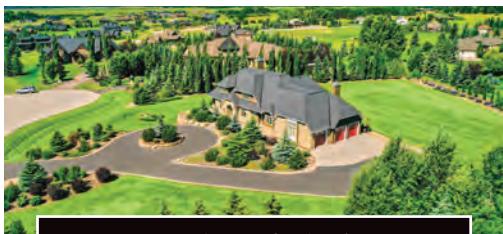
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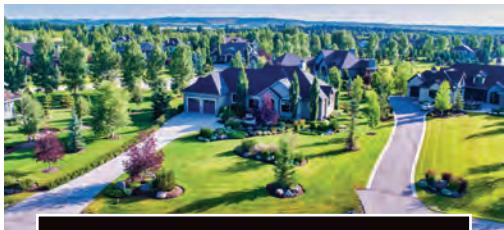
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