



# SPRINGBANK PARK PATTERN

OFFICIAL NEWSLETTER OF THE SPRINGBANK PARK FOR ALL SEASONS



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## SPFAS invites you & your family and friends TO THE 2019 FALL FAIR

Come for the Day on Saturday, September 7th!

It's almost time once again for our Springbank Community to come together for the Annual Springbank Fall Fair! It's taking place at SPFAS on September 7th from 9 a.m. to 4 p.m. This year's Fall Fair is shaping up to be another outstanding event.

The day kicks off at 9:00 a.m. with the Kristen Lee Coutts Memorial 5K Walk & Run. The Walk & Run is a great way for families to begin their day at the Fall Fair, especially with the added bonus of enjoying a pancake breakfast put on by the Springbank Lions Club, as well as opportunities to win terrific prizes, being included in your registration fee. You can find the 5K Walk & Run Registration on the SPFAS website ([www.springbankpark.com](http://www.springbankpark.com)). Let's aim to have more than 100 participants in this year's Fun Walk & Run!

The Horticulture Bench Show is a Fall Fair favourite. This year you can expect many wonderful exhibits, features and animals. You can also view all of the Horticulture show entries or enter some yourself! With hundreds of different categories to enter, you're sure to find one or more of interest to you. You can obtain a

copy of the Horticulture Guide from the SPFAS website or office. Come by the SPFAS office before the Fall Fair to pick up your horticulture show tags, which are only 25 cents each.

The Kids Zone is back once again! And the Fall Fair will also feature a wide array of terrific vendors, including many situated in the White Tent. The Springbank Lounge will be hosting a beer garden in the main parking lot. The Springbank Lions Club will be serving a delicious Pancake Breakfast. And we'll have a junior football game as well.

A number of community groups and other organizations will also be present at this year's Fall Fair. These groups include various representatives of our local, provincial and federal governments.

There's something for everyone at this year's Fall Fair. There are lots of reasons to attend this event. Come with your family and friends, meet your neighbours and look forward to a great time at the Fall Fair. Come early, give yourself plenty of time to park in the designated areas and plan to have a great day at SPFAS!



Contributed by John Rop, SPFAS General Manager



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# 2019 SPFAS ANNUAL GENERAL MEETING (AGM) NOTICE

The 2019 SPFAS Annual General Meeting (AGM) will be held commencing at 7:00 p.m. on Monday, September 30th at SPFAS in the Board Room. This meeting is open to the general public.

Various annual activity reports, along with the June 30, 2019 SPFAS year-end annual audited financial statements and other items, will be included in the Meeting Agenda. In addition, one year term appointments to the SPFAS Board of Directors will be finalized.

To inquire about volunteering to serve on the Board of Directors, or to obtain more information about the AGM, contact SPFAS General Manager John Rop (Email: [jrop@springbankpark.com](mailto:jrop@springbankpark.com) / Cell Phone: 403 618 5136).

 *Contributed by John Rop, SPFAS General Manager*



## ROCKY VIEW WEST RECREATION BOARD

On July 23, Council voted in favour of dismantling all 10 boards from across the County, to be replaced by a committee of Council and administration. The Rec Board was informed of the decision on July 30.

A new recreation Bylaw and granting Policy will be implemented before the end of 2019. How this new governing structure will roll out and how it will affect current user groups is unknown.

It has been a great experience for all members of the Rec Board. We have met with many innovative and hard-working individuals and groups throughout Divisions 1, 2 and 3 and we wish all of you the very best in your future recreational and cultural ventures.

*Contributed by Kim Magnuson, Chair of the Rocky View West Recreation Board*

# SPFAS THANKS CASINO VOLUNTEERS

On behalf of everyone who comes to SPFAS to have fun, play, learn and socialize, the SPFAS Board of Directors extends warmest thanks and appreciation to the 34 individuals who offered their time to volunteer for the SPFAS casino fund raising event that was held on June 30th and July 1st (during the long weekend) at the Deerfoot Inn & Casino. Some of these individuals volunteered to serve at both days of the casino fund raising event.

This fund raiser was a terrific success. It has generated some \$70,219 that, when received, will be allocated to assist with funding this fiscal year's Operating Budget. Each of the 36 voluntary shifts that were filled during this Casino is estimated to have generated about \$1,950 towards the \$70,219 figure outlined above.

SPFAS and the entire Springbank Community respectfully and graciously thank every volunteer who took a shift (or two), or offered to be a back-up reserve, for this casino. They know who they are. They certainly stepped up to help SPFAS and our Community, especially during the July long weekend! We very much appreciate their support to help everyone to have fun, play, learn and socialize at SPFAS.

 *Contributed by John Rop, SPFAS General Manager*



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**KidneyMarch**  
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## WATCH FOR WALKERS DURING THE 10<sup>TH</sup> ANNUAL KIDNEY MARCH: SEPTEMBER 6<sup>TH</sup> – 8<sup>TH</sup>

The Kidney Foundation is hosting its 10th annual Kidney March from September 6 through September 8, 2019. Kidney March registrations and fundraising are at a record high, with over 600 Marchers and Crew Members embarking on the 100 KM trail from Kananaskis to Calgary, with a goal to raise over \$1 million. The journey will begin at the Millarville Race Track on Friday, September 6 and it will go through the Springbank Community and end at Canada Olympic Park on Sunday, September 8.

This transformational weekend is designed to raise awareness and funds for kidney disease prevention, life-saving research, patient programs and organ donation initiatives. One in ten Canadians have kidney disease. The number of Canadians living with end-stage kidney disease has grown 36% since 2007. Each day 15 Canadians learn their kidneys have failed. Thanks to the determination of dedicated Kidney Marchers and Crew Members for nine consecutive years, Kidney March has raised over \$7 million to reduce these numbers.

Kidney March is made up of everyday individuals doing the extraordinary. Families, friends, patients, doctors, nurses walk side-by-side to fight kidney disease and support organ donation. The heroic event is more than a fundraiser. It also supports a community of those affected by the disease.

Kidney March will be walking through the Springbank community on September 8. Please be cautious of Marchers on the roads, look out for the Kidney March signs and feel free to cheer them on! The Springbank Park For All Seasons is serving as a rest stop for our Marchers.

Thank you for helping to keep the Kidney March community safe. For more information, to donate or to become involved, please visit [KidneyMarch.ca](http://KidneyMarch.ca) or call 1.866.9KMARCH.

*Contributed by Erin Birbeck, Community Relations Associate, KFOC (Southern Alberta)*



*The foundation  
of kidney care.*



# TIME FLIES! THANK YOU FOR CELEBRATING 50 YEARS WITH YBW SPRINGBANK AIRPORT

On July 27th and 28th, we helped commemorate 50 years of YBW Springbank Airport operations at the Wings Over Springbank Airshow. We'd like to extend a huge thank you to our community for joining us on this special occasion!

While Saturday's performances ended early for the safety of guests and pilots (due to weather), the Sunday program went off without a hitch. Attendees were wowed by

performances from Jodi Rueger, Brent Handy and Todd Farrell, Team Rocket, the Canadian Forces Snowbirds, the CF-18 Demo Team and many more.

Many captains and first officers flying with major airlines are YBW trained. Royal Canadian Airforce Snowbird team lead, Major Denis Bandet, also learned to fly at Springbank. The community of aviation enthusiasts, which includes pilots, students and businesses, who thrive at YBW today share a similar vision and passion for aircraft and its

impact on our quality of life to those who created a regional industry in the area following WWI.

We look forward to sharing the next 50 years with our community and hope to play a critical role in supporting many new aviation careers!

*Contributed by Brittany Diment, Communications Co-op Student - The Calgary Airport Authority*



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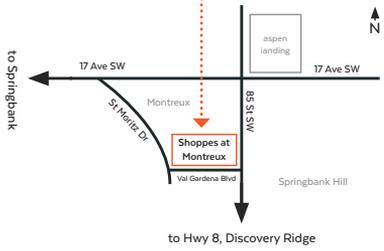
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Leading by Example  
Towards a Strong and  
Balanced Financial  
Future

Our Government  
recently passed the  
100-day mark of taking  
office, and while we have  
achieved a lot since our  
swearing-in, we still have  
a lot of work to do. The

next 100 days, and the rest of the days granted to us by the votes of Albertans, will no doubt include many unique challenges.

You have all undoubtedly felt the consequences of the last government's poor economic and financial stewardship. That is why, on April 16, the largest democratic mandate in Alberta's history was given to us by you- everyday, hard working Albertans. You resoundingly chose a Government that reflected its people; a Government that values fiscal accountability and prudence, and understands the importance of tightening our belts, pulling up our bootstraps, and working hard when faced with adversities.

Our Government strives to reflect these principles and values of everyday, hard working Albertans in everything that we do. We have made great strides towards achieving fiscal stability and restoring economic opportunity in our province, but getting our fiscal house in order is a task much larger than one bill or initiative. With the conclusions drawn from our appointed Blue Ribbon Panel, we will be releasing our first budget in October.

As your MLA, and a member of the Public Accounts Committee, I do not take the stewardship of our province's financial future lightly. I want you to have confidence that every tax dollar spent by your Government will not be squandered on interest payments, but rather will truly result in an improved province for all of us. The decisions we have to make will be difficult, but each decision made will be a step towards ensuring the next generation after us has

access to the same Alberta that we all know and love- the Alberta where the only limit to your success is the scope of your own dreams, not your tax return.

To lead by example on our difficult path to balance, we have begun by reducing our own salaries by 5% - \$6,365, and the Premier's salary by 10% - \$20,685. Sacrifices will be made, but those need to start at the top. These past 100 days have given us a remarkable start to getting our province back on track. As we head into the next 100 and beyond, you can trust that we will keep fighting for you, your family, and a bright future for everyone, while continuing to always lead by example.

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# KIM MCKYLOR

## Rocky View Country Councillor for Division 2



I hope everyone has had a great summer and is looking forward to fall time activities. Of course, the main one that I look forward to is seeing you at the Springbank Fall Fair. Rocky View County has a booth with all sorts of information, Staff and Councillors. Please do stop by and say hi. Last year we

had a great draw for a chainsaw. This year's draw will be a surprise, so be sure to come check it out.

One question I get asked frequently is about development happening in an area. In many instances, the first someone might hear of something is when they receive a notice from the County. While I might prefer and encourage a developer, or a neighbour in some cases, to talk to surrounding residents first (i.e. via flyer distribution, holding an open house, door to door visits), there is no requirement for them to do so.

As well, long before a notice is sent out, an application has generally been with County for quite some time. The Planning Department works with an applicant on the requirements before a notification is sent out.

Once the file is ready, then a notice is sent out to a predetermined area. This notification distribution is completed in compliance with Council's Policy C-327 (<https://www.rockyview.ca/Portals/0/Files/Government/Policies/Policy-C-327.pdf>), which determines which areas will receive notices. For most developments the radius is ½ mile, but for commercial types it is 1 mile. Notices go out when files are ready. There is no attempt by Administration, nor any control exercised by developers, to send out notices during the summer or when people might be away. Rocky View County works 12 months a year, just like most other businesses, so work will continue even during the summer.

Once a notice is received, then there is a comment period, which is usually a couple of weeks. Anyone can provide comments, even those outside a notice zone. As well, once a date is set for Council to hear the application, anyone can come and speak for or against it. Again, there is no intent to reduce or restrict this by Administration or any County policy. Public hearing notifica-

tions are advertised twice in the Rocky View Weekly and are posted on the County's website ([www.rockyview.ca](http://www.rockyview.ca)).

How do you stay involved? Review the County's website, as upcoming public meetings are advertised there. Springbank is a large geographical area, so focus on items mainly in Divisions 2 & 3. Division 1 has some areas west of Range Road 40 as well. Read the Rocky View Weekly. If you don't receive it in the mail, then read it online and scan the County's advertisements. If your Division's Councillor has a newsletter or facebook page, sign up and join as often there is relevant information there. The Springbank Community Association also has a Facebook page and newsletter, so this is another good source of accurate information.

Also, if you receive a notice from the County, you can email the planner, or even better contact the developer directly to ask when an open house will be hosted, or if other meetings can be arranged. This is especially true if something larger is planned and you are aware there has been no communication.

There are also private websites, including [www.myspringbank.ca](http://www.myspringbank.ca) and [www.springbankcommunity.com](http://www.springbankcommunity.com) that contain information about Rocky View County. The County has no control over their content, nor does the County advertise on these, or other private websites, so don't rely on them for up-to-date County information. That said though, if you think other websites should have some local area content, then I encourage you to reach out to directly to their representatives.

Sometimes staying informed and involved takes a bit of work, but usually it is very worthwhile. As always, for those in Division 2, send me an email anytime at [kmckylor@rockyview.ca](mailto:kmckylor@rockyview.ca) if you are looking for information. I'll try to help out! In the meantime, enjoy the last days of the summer and I'll see you at the Fall Fair.



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Global Sport Academy coaches will be at SPFAS in August working with Springbank Minor Hockey Association participants as the players prepare for the upcoming season. We look forward to assisting the them to prepare themselves to be the best they can for the evaluation process in September. Sessions will be held both on the ice and in the Global/PEAK Multi-Sport Training Centre located at SPFAS.

Global is still accepting student 2019 - 2020 applications for the Springbank Sports Academy that is based

at the Springbank Community High School. The sports of Golf, Hockey and Athletics still have availability in Grades 9,10,11 & 12. If you'd like more information about the program, go to [www.globalsportacademy-group.com](http://www.globalsportacademy-group.com) to explore the combined academic and athletic opportunities.

*Contributed by Mark Maloney, Chief Executive Officer - Global Sport Academy Group*

The **PARK PATTERN** is the bimonthly newsletter of the Springbank Park For All Seasons, and is distributed free-of-charge to all residents of Springbank, Redwood Meadows and Elbow Valley (circ: approx 4,100 homes) — all T3Z postal codes. Subscriptions are available at a cost of \$25/yr. Managing Editor: John Rop.

**SUBMISSIONS & ADS** should be directed to Quick Print Graphic Services (Attn:

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**AD RATES** Ad rates are available

upon request. All ads must be paid for at time of booking. Full colour is available for an additional charge. Ad bookings are subject to availability; ad rates are subject to change.

**NEXT DEADLINE** October 11<sup>th</sup> for editorial content (contact John Rop, SPFAS General Manager). October 11<sup>th</sup> for ads (contact George Vanderveen) 403-242-3113 for delivery in late October.

# KEVIN HANSON

Rocky View Country Councillor for Division 3



I thought an update on the Calgary Metropolitan Region Board (CMRB) activities the past few months may be of interest to Springbank residents. The CMRB consists of representatives from ten municipalities: Airdrie, Calgary, Chestermere, Cochrane, High River, Foothills County, Okotoks,

Rocky View County (RVC), Strathmore, and Wheatland County. These municipalities are mandated to develop a long term plan for managed, sustainable growth in the Calgary Region. The voting Board members are all the Mayors and Reeves. The CMRB is chaired by Chris Sheard who is employed for this role. The Government of Alberta is also at the table with a non-voting representative from Municipal Affairs.

The CMRB has three Committees: Land Use, Inter-Municipal Servicing, and Governance. Six municipalities send Councillor representatives other than their Mayor or Reeve to serve on these Committees, while Airdrie, Chestermere, Okotoks, and Rocky View carry on with single-person representation.

The voting structure of the CMRB is a supermajority of not fewer than 2/3's (i.e. 70% of the members and 70% of the population are required to approve a resolution). This means that the City of Calgary has to be on-board with any resolution for it to pass due to the population distribution in the region. On the flip side, it also means that the City of Calgary needs at least 6 neighbours to support resolutions that Calgary wants to advance. This proves to be an interesting dynamic where, if the Board follows its mandate then good business can be done, but if everything falls apart, all development will be grandfathered and limited to old and potentially outdated plans, and new development will grind to a halt.

The Board has developed and approved the "Interim Growth Plan" (IGP) and accompanying it is an important document called the "Interim Regional Evaluation Framework" (IREF). So far under the IGP, the Board has received 4 submissions:

- 2019-01 Airdrie: Ironwood Station Neighbourhood Structure Plan (Amendment)
- 2019-02 Wheatland County: West Highway 1 Area Structure Plan (Amendment)
- 2019-03 Rocky View County: Municipal Development Plan (County Plan Amendment)
- 2019-04 City of Calgary: Westview Area Structure Plan.

The 2019-01 Airdrie submission was approved under the IREF, not challenged and came into effect May 3, 2019. The 2019-02 Wheatland County submission was approved under the IREF, not challenged and it became effective August 2, 2019. Rocky View County's 2019-10 submission was approved with advisements under the IREF, but challenged by Calgary and it remains in progress. The City of Calgary's 2019-04 submission was just submitted as of July 30 and is in progress.

RVC's submission includes removing hamlet population-caps county-wide. Calgary's Westview ASP is located just west of Crestmont and is of interest to Springbank residents in particular.

For an example of the typical flavour of a meeting, at the July 4th Inter-Municipal Servicing Committee meeting, the CMRB technical advisory group (TAG) reviewed progress on it's "Logical Extension of Water and Wastewater Servicing" study. In addition, "Natural and Managed Capacity of Water Supply" and "City of Calgary Disaster Risk & Drought" documents were presented back to back, with both topics being very sobering and spurring good discussions.

Work continues on the final CMRB Growth Plan, due in January 2021, but more on that later. Please see [www.calgarymetroregion.ca](http://www.calgarymetroregion.ca) for more details if you are interested.

Please contact me with any concerns or feedback that you would like me to represent to the County Staff or to my fellow Council Members - OFFICE 403.520.1290, CELL 403.463.1166, EMAIL [Kevin.Hanson@RockyView.ca](mailto:Kevin.Hanson@RockyView.ca) .



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or call us at (403) 242-2223



## SPRINGBANK RAWHIDES 4-H CLUB

Summer has flown by so fast and fall is approaching with a flurry of activity. Farms are putting up hay, crops are soon ready for harvest, garden produce will soon be gone and students are all getting ready for another year of learning.

The Springbank Playschool is excited for the upcoming school year. Offering classes for both 3 year olds and 4 year olds, the Playschool is a great start for children. It is play based, giving the children opportunities to learn and develop in a fun environment. We take pride in the community we have built and encourage those families looking to be a part of a solid, supportive parent group to consider the Playschool. There are still spaces available in both age groups. For more information, visit our website at [www.springbankplayschool.ca](http://www.springbankplayschool.ca).

Playschool students and parents enjoy the year-end picnic for the school year that ended in June, 2019

We are facilitating our popular photo fundraiser again this year. Find our booth at the Fall Fair to book your family photo session to be scheduled during the last two weekends of September. Your \$40 sitting fee (photos extra) goes directly to the Playschool.

*Contributed by Robin Somji for the Springbank Playschool*



4-H is no exception. With preliminary planning completed, the Springbank Rawhides 4-H Club is awaiting a new collection of 4-H members for the 2019 - 2020 year. At this point, preliminary project offerings for the Springbank Rawhides include Equine, Canine and Lifeskills, which can encompass many different projects (including archery, photography, foods, sewing and more activities). We require leadership for all of our 4-H projects and we like to see a minimum of 3 - 4 members per project so that leaders are not involved in too many projects. We want to ensure we have enough project leaders to guide and assist all of our members.

This past year, Club members involved in Equine, Canine and Lifeskills all enjoyed their project work. Many of them attended Winter Bonanza camps. They also curled and they participated in both Calgary Regional Horse show events which were held at Stampede Park and the Red Deer Westerner complex.

All 4-Hers are required to complete a project (including preparing a project book) participate in a communication day (including making a speech or other presentation) and retain a minimum 70% attendance rate at Club meetings and required project days.

Our Club will have an information booth at the Springbank Fall Fair on Saturday, September 7th. This will give you the opportunity to meet members and leaders, as well as receive more information about our Club. The Springbank Rawhides are fund raising by accepting orders for Rocky View County official property identification signs again this year. If interested, please see us at our booth. Custom property signs cost \$35 each and delivery is 2 - 4 weeks after orders have been remitted.

The Club's next meeting will be held on Friday, September 23rd at 6:30 p.m. at the Springbank Equestrian Park (located at 25 Robinson Road, just off of lower Springbank Road).

See you in September! To obtain more information about the many wonderful aspects of 4-H, you can go to [4-h@gov.ab.ca](mailto:4-h@gov.ab.ca) or you can contact Norma at 403-258-3691 or [normaansloos@gmail.com](mailto:normaansloos@gmail.com).

*Contributed by Norma Ansloos for the Springbank Rawhides 4-H Club*



Learn To Do By Doing

# TJ MILLAR'S JOURNEY FROM SPRINGBANK MINOR HOCKEY PLAYER TO JUNIOR HOCKEY COACH

It's been 7 years since I left the Springbank Community after having graduated from the Springbank Community High School. I have great memories of all of my hockey games and practices held in the Red Dutton and Joe Phillips Arenas, as well as of playing shinny with my friends on the Outdoor Rink at the Springbank Park For All Seasons (SPFAS).

It still feels like "yesterday" every time I come back home to Springbank and SPFAS. I make a point of coming to visit SPFAS to talk to General Manager John Rop, one of my SMHA Bantam coaches. While smooth jazz is playing in the background during our conversations, we catch up with each other in his office, which is filled with lots of old sports stuff. We both really enjoy these times when we talk with each other.



Since leaving Springbank, I've embarked on what one would call a unique journey. I decided I wanted to become a Hockey Coach. Hockey is a huge part of me, right from my early playing days in Springbank on to my teenage

years when I played in Calgary's Northwest Athletic Association. I wanted to be just like the guys who taught me the love for the game while also teaching me great life lessons that were incorporated into their coaching processes. Hockey's funny that way, it's so much more than just a game. It's the friendships and lifelong memories you make that really make it special.

I moved to Vierumäki, Finland at 19 years of age to get my degree in Sports Management. I was fortunate enough to play Junior Hockey there while at the same time I began my coaching career working with various Finnish National Teams, which included players Patrik Laine and Jesse Puljujärvi. After two years in Finland, I returned to North America to become the Video Coach for the Tri-City Americans Team of the Western Hockey League.

I ventured forward to coaching for the Nipawin Hawks of the Saskatchewan Junior Hockey League for two seasons. The Hawks captured the SJHL Championship in 2017-2018, an event which followed the highly publicized Humboldt Broncos Hockey Team tragedy that occurred on April 6, 2018 just a 20 minute drive away from our rink as we were preparing to play Game 5 of our Team's play-off series with the Broncos. You can't prepare for anything like that, however having a strong sense of community and family pushed our Hawks Team through right to the very end.



For the 2018-2019 hockey season, I returned to Alberta and am now the Assistant Coach of the Bonnyville Pontiacs of the Alberta Junior Hockey League. I am very much looking forward to once again being an Assistant Coach with the Pontiacs during the upcoming season.

Every chance I have to return to where I've come from, I've shared stories with those in my life who have all helped me get to this point. I appreciate the opportunity to share with the Springbank Community the story of my hockey life journey to date.

I've learned so much about being a Hockey Coach. Coaching is an incredible job. Done right, it constantly provides rewards. To all the coaches out there, keep working and keep leading. Enjoy every second you have with your teams, both on and off the ice. The impacts and influences you have on kids just might last a lifetime.

Keep your stick on the ice! And have fun teaching and playing the game!

*Contributed by TJ Millar, Assistant Coach  
- Bonnyville Junior A Pontiacs Hockey Team*



# SPRINGBANK FIGURE SKATING CLUB

A common question posed to figure skaters or their parents is: “When is the season finished?”. For figure skating, the training occurs all year, with summer commonly the most intense training period. The Springbank Figure Skating Club hosts a team of coaches who attend to the diverse athletic needs of skaters to improve upon their jumps and spins, skating edges, cardio, core, flexibility and artistic expression. Each coach commonly comes with different specific expertise to attend to the complex demands that this sport requires.

This year, the Springbank Figure Skating Club sponsored Kaetlyn Osmond, the most decorated Canadian figure skater, to lead a full-day training workshop. Approximately 40 skaters, from ages 7 – 19, attended this workshop. While the day was both challenging and intense, the skaters also could see the ways in which Kaetlyn let the skaters know how to find joy and love in skating. Self discipline, motivation and emotional outlook are equally important to the physicality and to deal with potential injuries that may occur over the course of one’s skating life.

The strength of the Springbank Figure Skating Club is notable, both by the members within the Club and also as the Club’s strength is recognized provincially and nationally. The Club continues to excel in the quality of the skaters it develops and supports. This year is no exception. At the Skate Canada Sections Awards Banquet, the following senior skaters were recipients of awards as follows:

- Dawson Nodwell - Recipient of the Toller Cranston Memorial Fund Athlete Award which he received for his exceptional artistry on the ice as shown at Canadian Nationals

- Vienna Nodwell, Mara Will and Katie Burgess - Quad Gold Award recipients from the Alberta Figure Skating Foundation for completing gold levels in all four disciplines (Skills, Freeski, Dance and Interpretive).

We also wish to recognize up and coming Club Member Alexa Afaganis, recipient of the Mary Leggett Award, the Club’s highest award. She truly displays her values and commitment to the sport and to others in a manner that reflects those of the Club’s founding member, Mary Leggett.

The Club has skaters participating in two skating competitions during August, one in Leduc, AB and the other in Burnaby, BC. We’re excited to see how our skaters represent Springbank and our Figure Skating Club.

*Contributed by Diane Gereluk for the Springbank Figure Skating Club*



**KRISTEN LEE  
COUTTS  
MEMORIAL  
5K RUN**

FAMILY 5K WALK AND RUN



**September 7<sup>th</sup>, 2019  
9:00am**

**Springbank Lions Soccer Park**

Register at [www.springbankpark.com](http://www.springbankpark.com)

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P: (403) 242-2223



**Springbank Park For All Seasons  
47th Old Tyme Country Fair**



**September 7<sup>th</sup>, 2019  
10:00am - 4:00pm**

Springbank Park For All Seasons  
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# CANADIAN NATIONAL SOCCER CAMP HELD IN THE SPRINGBANK LIONS SOCCER PARK



The Springbank Soccer Club (Springbank SC) hosted a U15 Boys Canada Soccer Association ID Camp from July 8th - 10th at the Springbank Lions Soccer Park. Canadian Men's Soccer National Team Assistant Coach Joey Lombardi was in attendance to work with and mentor both players and coaches. Springbank SC's Technical Director Christopher McKaig, who established this link to the Canadian National Soccer Association, helped deliver the program along with other Alberta Soccer staff.

Springbank SC is growing in the community and is proud to offer all levels of soccer, from house league to the most competitive leagues in Alberta. This is highlighted by the large number of grassroots

Springbank SC players representing the Club throughout the province, as well as nation wide across Canada.

Springbank SC is planning to host an ASA "C" license course for all volunteer coaches. This ensures the Club supports volunteer coaches and, most of all, guarantees that every player in Springbank has access to qualified coaches at all levels.

Indoor soccer registration is now open. Early bird registration (which includes reduced pricing) is available until August 31st. Register now at [www.springbanksoccer.com](http://www.springbanksoccer.com).

*Contributed by Christopher McKaig, Technical Director - Springbank Soccer Club*



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# SPRINGBANK LIONS CLUB CHARTER MEMBERS DINNER

The Springbank Lions Club recently celebrated 37 years of service to the Springbank Community by inviting all original 1982 Charter members to their June meeting at the Springbank Links Golf Club. The Charter members were treated to dinner and drinks by the Lions Club and everyone enjoyed the opportunity to socialize with members and their spouses. Eight of the original 26 Charter members attended and they are in the photo above – (L to R) Jim Toews, Jim Barnes, Arnie Chamberlain, Lyle Ford, Jim McKendrick, Bill Tajcnar, Rick Hemmett, and Keith Robinson.

The theme of the meeting was sparked by the fact that, after 37 years of service, Lyle Ford has decided to retire from the Club. Springbank Club President Val Finch welcomed the Lions and their wives and he also reviewed the many activities the Club has been involved in over the years. This was followed by each of the original Charter members sharing memories and stories of their respective times in the Club.

As a parting gesture, Lyle reviewed the Club's work in raising more than \$850,000 during his journey as a member of the Club. He was proud to recognize that 100% of this money has been donated back to the

community in one way or another. The most evident of these contributions is the Springbank Lions Soccer Park, however many other community activities and services have been the cornerstones and beneficiaries of the Club's work over its 37 year history.

With Lyle's departure, we have more room for new members. Anyone interested in doing rewarding community work with the Springbank Lions Club should contact our membership chair Dale Barnes (403-242-9357).

*Contributed by Jim Toews, Original Member of the Springbank Lions Club*



## SPFAS OFFERS LOTS OF DIFFERENT DAY TIME ACTIVITIES

Are you wondering what to do during the day this upcoming Fall, Winter & Spring? SPFAS has many different activities on the go. Here is a listing of day time activities that SPFAS offers which you can check out:

- Parent & Tot Skating – Go to the SPFAS website for times and other information.
- Mens' 55+ Shinny Hockey – See the SPFAS website to obtain more information.
- Women's Hockey – Contact SPFAS and we'll put you in touch with Juliette Ganske.
- Wednesday Afternoon Ladies Curling – Contact SPFAS to obtain more information.
- Friday Morning Seniors Curling – Contact SPFAS and we'll help you to register.
- Lounge & Concession Services & Bookings – Contact SPFAS and we'll help you.
- Meetings in SPFAS Community Board Room – Contact SPFAS to reserve it.
- Junior Football Program – Contact SPFAS to establish contact with the team.
- Driver's Training Classes – Contact SPFAS re Classes from October 7th – 10th.

You can also contact SPFAS to arrange for private day time rentals of the indoor skating and curling arenas, the outdoor rink and the dryland training area. Come to SPFAS to have fun, play, learn and socialize. You can call SPFAS at (403) 242-2223 to obtain additional information regarding the above noted activities and facility rental opportunities.

 *Contributed by John Rop, SPFAS General Manager*

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To register call 403-818-3597 or e-mail  
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### *When*

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### *Where*

Art and Soul Center, 40072 Township Rd. 250  
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See the patricianeden.com website and click show link to see the art works for sale  
Call 403-818-3597 for more information

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For more information on Art and Soul Center and its Director, Patricia Neden call 403-818-3597 or go to the website patriciaeden.com and click the link to Art and Soul Center.

## JOIN THE SPRINGBANK FRIDAY MORNING SENIORS MIXED CURLING GROUP

We'll be starting up again in October and we are looking to expand our numbers in order to make full use of all of the curling ice sheets available to us at the Springbank Park For All Seasons. Anyone is welcome to join our group, regardless of curling skills and abilities. We have lots of flexibility with welcoming people of difference ages. Consider joining our group whether you are in your 30's, 40's, 50's or older. You can register as an individual, or come with your own team. We need players for weekly play. We also often need spares, so if you are unable to make a weekly commitment, but would like to curl once in awhile, please consider registering as a spare.



We have two rounds of play, the first from October to December of 2019 and the second from January to March of 2020. You can register to curl in either one or both rounds. Contact Tim Presber to obtain more information about our group, as well as to register to curl with us. Tim's email address is [tpresber@shaw.ca](mailto:tpresber@shaw.ca) and his phone number is 403 827 2755.

Watch for our group's information and registration table at the Springbank Fall Fair on Saturday, September 7th.

Come on out, have fun curling, meet some great people and enjoy getting in some great exercise!

*Contributed by Shirley Tajcnar for the Friday Morning Seniors Curling Group*

# BECOMING A CRIME RESISTANT COMMUNITY

Since the 1850's, sustained migration has continued to increase the population in the rural areas west of Calgary. Many came a generation or more ago, while many of us have come recently. In the past, residents formed a community culture of looking out for each other by the way they interacted amongst themselves, as well as by the way they interacted with visitors they knew as well as with strangers they did not know. Strangers were generally greeted or acknowledged by residents, who in turn shared their experiences of these encounters with their neighbours.

Fast forward to today. Now we shape our rural community. We have more frequent and many different types of suspicious activities happening in our community than occurred in the past. Rural crime is an intermittent threat to our peaceful community. Intruders look for 'opportunities to take'. We cannot change the intruders and their multiple motivations to steal. We do not want walls and armed guards located at our residences. We rely on our own devices and on each other for security. And of course we have access to law enforcement to investigate incidents and arrest people who intrude. We enjoy the rural values of integrity, reliability and cooperation. We as neighbours join together for many purposes, including deterring crime.

Be aware, record details of incidents and report them promptly, whether they occur at our residences or while driving on our roads. These small and sustained efforts increase the security of our neighbours, many of whom we will never meet. We can be part of developing a rural culture where everyone reports suspicious activities. Promptly alert neighbours in your mutual support group of situations and encounters that are suspicious to you. To do this most effectively, be vigilant on an ongoing basis and have a communications plan.

Do prompt reports of suspicious activities really make a difference? The Alberta Police Reports website confirms that the offenders of highest concern are typically on crime sprees that include utilizing organized tactics and identifying specific targets. Timely reports of intrusions lead to arrests being much more likely. Reports of incidents occurring at similar times, in the same general local areas and with comparable vehicle /person descriptions can be matched to other reports that give the police indications of patterns, locations and identities. Many arrests result from the police's review of a series of



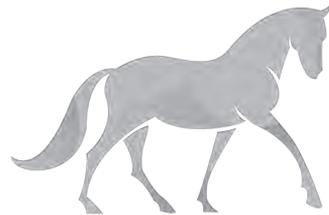
similar timely reports received from the general public. When in doubt, report a suspicious activity.

Rural Crime Watch (RCW) is an organization of some 17,000 rural members located throughout Alberta. The Cochrane Foothills Protective Association (website: <https://cfparcw.ca>) covers the rural area west of Calgary. Join your

neighbours to create an even more crime resistant rural community. While at the Springbank Fall Fair on Sept 7, visit the RCW leaders who will be at in information booth.

Through our coordinated efforts, would-be intruders will come to believe that people in our community are informed, prepared and organized. BEWARE!

*Contributed by Jim Willson for Rural Crime Watch – Cochrane Foothills Protective Association*



## HALL RENTAL

### SPRINGBANK EQUESTRIAN PARK

25 Robinson Road

Contact : Coreen Calvert

Phone : (403) 804-3277

Email : [coreenc@shaw.ca](mailto:coreenc@shaw.ca)

# SPRINGBANK HERITAGE CLUB

We are a non-profit organization operated by volunteers. Our beautiful facility is located at 244168 Range Road 33. Our phone number is 403 242 9350 and our email address is [springbankhc@telus.net](mailto:springbankhc@telus.net).



Regularly Scheduled Activities:

- Choral Group: Tuesdays, 10 – 12 noon; Only enthusiasm required; Contact Joan - 403 851 3818
- Games: Tuesdays, 1 – 3 pm; Crib, bridge, canasta, pool, shuffleboard, and carpet bowling
- Jam Sessions: Fridays, 1:00 pm; Instrumentalists and vocalists. Contact Roy Burke - 403 242 9091
- Potluck Dinners: 4th Wednesday of each month.

We are always looking for and welcome new members. If the regularly scheduled activities aren't for you, then maybe you would enjoy participating in our varied 'special events' programs. The Club extends a grateful note of appreciation to the Springbank Lions Club for providing both bus and drivers for 'off site' special events. In the past year, these have included tours of the new Calgary Central Library, the Devonian Botanical Gardens, the Cayley Hutterite Colony and a lunch presentation at ROARR (the Robinson Outreach At RiverCross Ranch). At our Club's facility we have

recently held several Hand & Foot Canasta Tournaments, an educational owl presentation by the Calgary Wildlife Rehabilitation Society (complete with live owl Ophilia) and our hugely successful 10th Anniversary Celebration Traditional Strawberry Tea.

Our upcoming special events for the remainder of 2019 include a September Fall Colors Tour, an October YYC tour, a November Calgary Wildlife Rehabilitation Society educational hawk presentation and our annual Christmas Dinner in December. In addition, from October of 2019 - March of 2020, we are welcome to participate in the Friday morning curling activity held from 9:30 - 11.30 am at the Springbank Park For All Seasons (contact Tim Presber - 403 827 2755 or [tpresber@shaw.ca](mailto:tpresber@shaw.ca) to obtain additional information).

A big thank you to Ian, Jim, Val, Peter, Gerry and Bill who set up the computerized electronic message billboard at our gateway.

The Club's facilities are available for rent (contact Val Finch - 403 288 1288).

Watch out for our Club's information table at the Springbank Fall Fair on September 7th.

*Contributed by Shirley Tajcna, Springbank Heritage Club*

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## SPFAS THANKS BURNCO ROCK PRODUCTS LTD. FOR CONCRETE BLOCKS DONATION

On behalf of all of those who've come to SPFAS this past summer to play beach volleyball in the Outdoor Rink, as well as on behalf of those who will do so in future summers, SPFAS extends warmest thanks and appreciation to Burnco Rock Products Ltd. for the recent donation of 120 large scale concrete blocks. These materials have been deployed to create two off season sand storage vaults. These vaults will hold just under 700 tonnes of top-grade sand that is utilized within the Beach Volleyball venue when it is located in the Outdoor Rink during the summer months. This donation greatly assists SPFAS to preserve and store a very valuable sand resource that will be used from one summer beach volleyball season to the next.

Over the years, Burnco Rock Products Ltd. has been an outstanding supporter of SPFAS and the Springbank Community. This donation (which is conservatively valued at \$12,000) is another terrific demonstration of Burnco's ongoing strong support for SPFAS and the Springbank Community.

SPFAS and the entire Springbank Community respectfully and graciously thank Burnco Rock Products Ltd. for this donation. It assists SPFAS tremendously to protect and store the sand used within the beach volleyball venue each year during the summer months. We certainly appreciate Burnco's contribution and ongoing support!

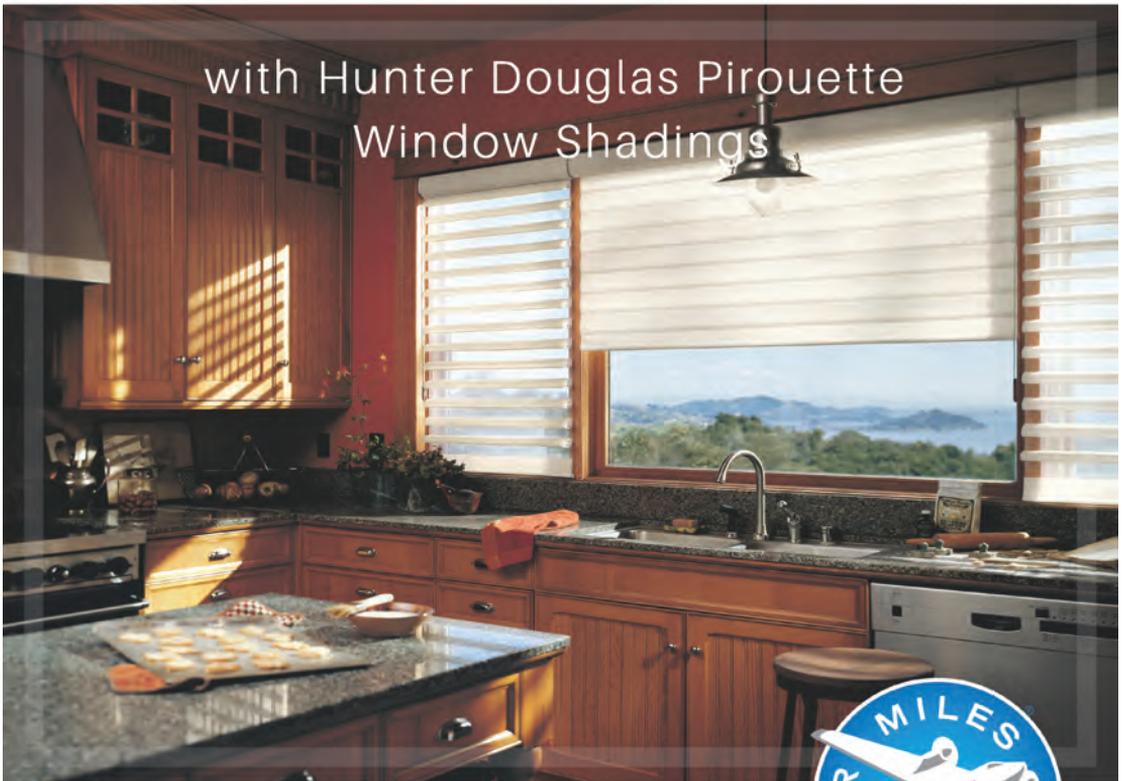
*Contributed by John Rop, SPFAS General Manager*





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## Springbank Off-Stream Reservoir (SR1)

- July 16, 2019: The Canadian Environmental Assessment Agency (CEAA) responded to the Alberta Government's submission with a letter outlining its concerns with the submissions, which it deemed incomplete. This is another setback for the project and will require the Alberta Government to resubmit responses. We expect a long period of time to pass before the submission is updated further.
- July 11, 2019: The Tsuut'ina Nation formally opposed SR1 and has asked the Province of Alberta to consider other alternatives.
- June 14, 2019: The Alberta Government held a press conference to announce 8,000 pages of responses have been submitted to Federal regulators to complete the Province's environmental submissions on SR1.
- Our Letter Writing Campaign: We are gathering letters to deliver to the Premier, to our MLA and to the regulators. Sign and send your letter of concern to [info@springbankcommunity.com](mailto:info@springbankcommunity.com). We will be at the Fall Fair on September 7th, which is the end date for the letter writing campaign. So far, we have over 300 letters signed!
- Video Series and Blog: Coming soon @ [springbankcommunity.com](http://springbankcommunity.com).
- CEAA Communication: We are working to prepare a summary of our concerns with the Alberta Government's June 2018 submission, which we will send to CEAA in the future.
- Informing You on Facebook: In September, we will update our SR1 facts that are posted on our Facebook page.
- NRCB Website: For anyone looking for more information on SR1, the best website to find documents is the NRCB's project page.

## Springbank Area Structure Plan

We submitted comments to the planners at Rocky View County on the latest draft of the Area Structure Plan. Our comments are outlined as follows:

- Our Community aesthetic should be "master-planned" and purposeful, not piecemeal. We need to decide what Springbank will "look like" over the long-run conceptually. This is beautiful, scenic land and should be developed as such (as well as the gateway to and from Calgary). We do not want parts of our community to look like an industrial park. Therefore, we requested:
  - Input on the architectural guidelines, setbacks and signage within the community; Realizing that some commercial/industrial development is inevitable, we expect high standards for these types of developments (i.e. comparable to Quarry Park and Greenwich in Calgary, especially when these areas connect to residential areas).
  - Input on setback and landscaping along roadways and highways (i.e. Valley Ridge's concrete wall vs Crestmont's natural landscaping); We do not want to look like a "Gasoline Alley" or comparable to a CrossIron Mills
  - An active role in the planning for RR 33 to be our central road corridor, including pathways, roundabouts and landscaping.
- We have specific concerns for the large amount of commercial/industrial development zoning along RR 33 north of Highway 1 (both the aesthetics and the accessibility from RR 33). We asked whether this zoning needs to be exclusively commercial/industrial or whether a multi-use (live/work/play) model would be more suitable or whether this decision can wait until the next ASP, which should be within the decade.
- Development can only proceed with adequate and sustainable servicing, particularly for water, wastewater and storm water.

## Recreation Updates:

On July 23rd, Rocky View County approved a new recreation organizational structure which will centralize planning of recreation and will enable the County to manage facilities and take a more active role in the provision of recreation across the County. Overall, we are cautiously optimistic about this change, which will be implemented in Quarters 3 & 4 of 2019.

We have completed the financial analysis for a new community centre in Springbank. The amenities studied include an event venue for 150, large gymnasium, practice-size indoor turf, child care, fitness centre and track, family/teen game area and small library. Rocky View County is taking the lead on this project and we remain focused on helping them bring this to reality. Our goal continues to be to provide safe, accessible spaces for

residents of West Rocky View, and in particular, places for our youth to stay active and connected.

## Volunteers Needed For The Springbank Fall Fair:

We need volunteers to help at our booth by filling short shifts in a fun atmosphere during the Springbank Fall Fair that will be held on September 7th. Email us today at [info@springbankcommunity.com](mailto:info@springbankcommunity.com) if you can help! This is a great way to meet your neighbours!!

## Next Family Movie Night:

Get ready for our second annual Family Movie Night at Calaway Park! Mark your calendar for Friday, September 20 beginning at 5:00 p.m. You and your entire family can enjoy a hot dog dinner along with popcorn and a movie.

*Contributed by Lynn Munro for the Springbank Community Association*

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# 952 'WESTJET' ROYAL CANADIAN AIR CADET SQUADRON 2019 OPEN HOUSE

Are you between the ages of 12 and 18 and are you interested in flying, aviation related activities or the air elements of the Royal Canadian Air Force? Are you looking for a challenge to bring out the best in yourself and your abilities? Then look no further - Air Cadets is the program for you! You'll make lifelong friends, learn valuable skills and increase your self-esteem.

Springbank and the surrounding areas are served by 952 'Westjet' Royal Canadian Air Cadet Squadron.

The Squadron meets every Thursday evening from September through June at Springbank Middle School.

For 2019, the Squadron has two Fall Recruitment opportunities for those interested in learning more about this exciting opportunity:

1. Springbank Park For All Seasons 47th Old Tyme Fall Fair; Sat, Sept 7th; All Day; 32224A Springbank Road
2. 952 "WestJet" RCACS 2019 Open House on Thurs, Sept 12th; 6:30 – 9:30 p.m.; Springbank Middle School, 244235 RR 33.



Staff, cadets and parents will be available at both events to provide information for parents and children who are interested in joining Air Cadets. At the Open House on September 12th, we will also be able to enroll new Cadets. To enroll, bring along a copy of the cadet's Health Care card and proof of birthdate (i.e. Birth Certificate or Passport). Enrollment forms and other information are available on the Squadron's website ( [952aircadets.ca](http://952aircadets.ca) ) You can also send an information request email to [952rcacs@gmail.com](mailto:952rcacs@gmail.com) .

*Contributed by Mike Cecconi - Vice Chair, Squadron Sponsoring Committee for the 952 'WestJet' Royal Canadian Air Cadet Squadron*



## Life in My Hands or God's Hands



**Saturday, September 21, 2019**  
**Mountain View Lutheran Church**  
**Presenter Pastor Robert Fleischmann**  
National Director of Christian Life Resources

### Assistance in Dying Brings Many Questions

- How loving God and loving others determines your life's purpose
- How you can overcome the fear of suffering and death
- How a medical directive can demonstrate your faith
- How to live your Christian faith in a complicated world

Join us to learn about the purpose of life, the reality of suffering and who is in control of life and death

- Cost is \$15 per person (family max \$40), includes seminar, refreshments and lunch
- 10am-4pm
- Seminar appropriate for teens and adults

For registration or information contact  
Pastor Jonathan Schultz at:

- [pastorjschultz@platinum.ca](mailto:pastorjschultz@platinum.ca)
- Ph: 403-242-5000
- or visit our website at [www.mountainviewchurch.org](http://www.mountainviewchurch.org)
- Please register by September 14, 2019

We are located at 244191 Range Road 31  
off Highway 1 West at Old Banff Coach Road



## SPRINGBANK WILDLIFE

SPFAS thanks the Springbank residents who have shared with us their locally taken photos included in this Park Patter Newsletter of various bird species. If you'd like to share photos of birds or other wildlife you've recently taken in Springbank, email them to [jrop@springbank-park.com](mailto:jrop@springbank-park.com). Keep the photos coming!

This Newsletter includes a photo taken by Brian Robb of a Yellow-Rumped Warbler perched on a tree branch. Lynda Gilchrist has contributed her photo of a male and female Goldfinches perched amongst tree blossoms. This spring and summer Alice Payne enjoyed observing a family of Great Horned Owls in and around her property. This Newsletter includes photos of the two young owls who've grown up in her yard. The first includes a young owl perched on a stand in her quonset, while the second includes both young owls watching her yard while perched on a combine.

Thanks very much to the Springbank residents who have shared their bird photos with our Park Patter Newsletter readers.

 Contributed by John Rop – SPFAS General Manager



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# WATCHING A GREAT HORNED OWL FAMILY GROW UP THIS SUMMER



I moved to an acreage in Springbank last year in January. Prior to moving to Springbank, I've always enjoyed bird-watching when I lived on Vancouver Island, where bald eagles reign.

Since moving to Springbank, I enjoyed watching a pair of redtailed hawks who live nearby. I've also enjoyed observing many other species of birds flying around my acreage, including redpolls, gold finches and a flock of Bohemian waxwings.

This Spring at times I'd hear an owl hooting at dusk around my property. I searched my acreage with binoculars and then one day I located an owl. Shortly thereafter, I realized two Great Horned Owls were living on my property. As I walked around my acreage, I located their favourite perches. I usually found the owls by watching the magpies and crows who were harassing them constantly.

What did I find one day under one of the owl perches in my yard? Why, owl pellets of course! When my kids were young, we would buy these from the science store, soak them, then pull them apart and try to identify the creatures inside. I really enjoyed participating in these owl pellet examination great science projects with my kids.



Towards the latter part of June, one day I saw two young owls in my yard. The first one I saw was on the ground, then it climbed into a tree. I wondered if it may have been injured, however it was just beginning to learn how to fly. I saw the second one while I was in my house looking out over the deck. This owl appeared at the edge of the deck holding on to the railing, while trying to balance as it flapped its big wings. This baby was large and light coloured. It was very fluffy and did not have any "horns". It dropped from the deck railing on to the ground a few feet below, then it flapped and hopped around the yard before climbing a tree from where it called out to its sibling who was perched close by. Then I also saw Mom and Dad on the roof of the house. Wow, it was amazing to see all four owls on the same day!

The two adult great horned owls have been great parents to the young ones. Both of the young ones have found their wings and they are fully airborne now. It's been a real treat watching this Great Horned Owl family grow this summer.

*Contributed by Rosanna Desautels, Springbank Resident*





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## Summer in Harmony

Since the first show home parades opened in 2015, Harmony has continued to grow, not only as a development but also as a community. New families are welcomed every week and with that, the flourishing community spirit. Here is a listing of some of our community's most recent events, as well as residential development updates.

**Food Truck Fridays:** Once per month during the summer, Harmony hosted “Food Truck Fridays” at the Discovery Centre. These have been great opportunities to take a night off from cooking, try some new food, mix and mingle and get to know neighbours. Our final dates for Foodtruck Fridays are Sept 27th and Oct 25th (weather depending). Everyone in Springbank is welcome to attend.

**Fish Stocking In Harmony Lake:** During June, the newly constructed Harmony Lake was for the first time stocked with fish. Harmony is very pleased to provide fish habitat within our community.

**New Show Homes:** This September, Harmony is looking forward to opening two sets of new show homes. On September 28th, our Tamarack Collection of estate homes will be opening three new models constructed by our builder partners (Augusta, Baywest and Calbridge Homes). Harmony will also be unveiling our first show homes on the north end of the lake that will feature our new Poplar Collection of move-up single-family homes.

**Upcoming Residential Construction Within Harmony:** The Edgewater Collection of Lakefront Homes is Harmony's highly anticipated collection of premium lakefront estate homes nestled along the shoreline of Harmony Lake. And, as the community of Harmony continues to grow, we are excited to offer the Birch Collection of maintenance free and fee- simple townhomes.

*Contributed by Ryan Hall, VP Marketing & Communications – Bordeaux Developments*



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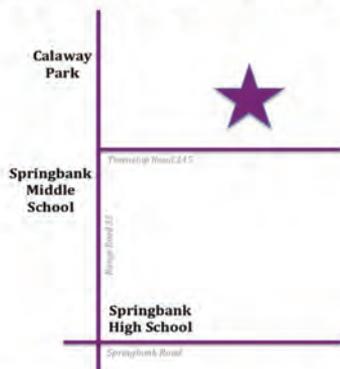
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## SPRINGBANK CURLING CLUB NEWS

### FALL FOOD DRIVE SCHEDULED FOR SEPTEMBER 14<sup>TH</sup>

The Fall Food Drive will be held on Saturday, September 14th beginning at 10 a.m. at the Spray Lakes Sawmill Family Sports Centre in Cochrane. In April 2019, the Food Drive collected 1,400 cases of food and this was our largest Food Drive ever with over 700 volunteers. Hampers were supplied to clients in Cochrane and western Rocky View. The twice-yearly Helping Hands Food Drives supply 50% of what is given out in these Food Bank hampers.

This is your opportunity to help a neighbour! There are 2 ways you can help: Volunteer or Donate or both! We are looking for volunteers to drive, collect and sort donations. We also accept monetary donations on behalf of the Food Bank. This is an excellent opportunity to volunteer as an individual, family, or team. Please email Helping Hands at [fooddrive@helpinghandscochrane.ca](mailto:fooddrive@helpinghandscochrane.ca) or call 587-580-9448 if you would like to participate in this event.

Donations are accepted for the Food Bank that services Springbank and western Rocky View and are being accepted in bins at the Springbank Park For All Seasons starting on Friday, August 30th. These donations will be sorted at the Spray Lakes Sawmill Family Sports Centre and then taken to the Cochrane Food Bank.

Helping Hands is a volunteer-driven program that was started in Cochrane in 2007 and has grown to include 7 other core programs in addition to the Food Drive that assists vulnerable citizens of Cochrane and Area and western Rocky View throughout the year. Our clients are low income including seniors, single parents, those with injuries, illness or disabilities, and newcomers who do not have a support network or the financial resources to help themselves. Our programs include Caring Neighbours, Volunteer Driver Program, Meal Teams, Movers with Heart, Summer Do Crew, Snow Helpers Team and Newcomer Helper Program.

*Contributed by Sandra Scott, Programs Manager for Helping Hands Society of Cochrane & Area*

It's hard to believe, but another curling season is rapidly approaching! Our Springbank Curling Club leagues will be starting early in October and they will run on through to the end of March.

We continue to take registrations for the Men's, Ladies, and Mixed Leagues. Keep an eye out for various advertising placements in Springbank and Calgary which encourage new teams to register! Hold a spot for your team by contacting the Club at [springbankcurlingclubcalgary@gmail.com](mailto:springbankcurlingclubcalgary@gmail.com), or contact the respective League Coordinators by visiting [www.springbankcurling.com](http://www.springbankcurling.com).

Set aside some time on the evening of September 14th to come to the Springbank Sports Lounge to attend the Opening Night Registration Cabaret that will feature music, curling registration incentives and opportunities to meet with others who are part of the Springbank Curling Club's community. We will have curling suppliers and other vendors showcasing their wares as well.

Our bonspiel calendar expands this year with the addition of a fourth top notch spiel. The season starts with the Men's Bonspiel (Nov. 16th – 17th). The Ladies Bonspiel runs from Jan. 10th – 12th and the new Oilers Spiel is scheduled from Feb. 21st – 23rd. The famous Mixed Winespiel will be held from March 13th – 15th. The Club's website ([www.springbankcurling.com](http://www.springbankcurling.com)) will be updated during the season so it includes additional information about these bonspiels.

SCC would like to thank the individuals who came to our Annual General Meeting on April 30th to provide their support and feedback. Minutes of this AGM are available on the SCC's website.

The Springbank Junior Curling Program will once again be starting in October. The program includes 1 hour of curling instruction and 1 hour of game time on Saturday mornings. Please contact the organizers at [sbjuniors14@gmail.com](mailto:sbjuniors14@gmail.com) to register and obtain additional information.

For those who have not experienced the joy of curling, or those who would just like a refresher, we encourage you to sign up for either the Junior or Adult Camp, led by Andy Jones, which will be held October 12th (Juniors) and October 13th (Adults). Registration includes the supply of curling equipment, as well as lunch and light snacks being provided to all participants. The Junior Camp is a wonderful opportunity to introduce your children to a sport they can play for decades to come! Additional Camp registration information is available on the SCC's website.

*Contributed by Neil Somerset, Springbank Curling Club President*

# Springbank LADIES TIME OUT

Ladies Time Out In Springbank invites new and returning members in Springbank and the Calgary area to meet new people, to socialize, and to participate in a wide variety of registered classes. Classes are held on Monday mornings at the Eden Brook Reception Centre, which is located on Lower Springbank Road and 17th Ave. SW. We are a not-for-profit club supporting our community.

Registration for the Fall, 2019 session will be held Monday, September 9th at the Eden Brook Reception Centre. Doors open at 9 a.m. and class registration is on a first come, first served basis. Come early to secure your classes and not be disappointed! Activities and classes for the Fall include cooking, acrylic painting, cookie and cake decorating, Halloween wreaths, exercise, pedicures, book club, as well as much more. We also offer a drop-in weekly coffee/chat group.

Our website ([www.springbanklto.com](http://www.springbanklto.com)) will soon be updated with a complete listing and calendar of our 2019 fall classes, events and activities. You can follow us on Facebook at [www.facebook.com/springbanklto](http://www.facebook.com/springbanklto) and on Instagram [@springbanklto](https://www.instagram.com/springbanklto) to view photos of our past activities and learn more about upcoming events. Why not try something new this Fall? Inquiries can be sent to [springbanklto@gmail.com](mailto:springbanklto@gmail.com). We look forward to seeing you this Fall at Ladies Time Out!

*Contributed by Nicole Genereux for Ladies Time Out in Springbank*



## SPRINGBANK CREATIVE ARTS CLUB

The Springbank Creative Arts Club's mission is "to encourage the development of arts and crafts within the Springbank community and schools".

We hope everyone has had a great summer, whether you've taken road trips, or have been involved in activities such as camping, gardening, biking, hiking, relaxing in the back yard, or visiting with family and friends. We hope you have enjoyed all of your activities.

Visit a local farmers market in September. The variety of goods for sale often includes more than vegetables! Unique handcrafted items often abound. Stop and talk with the vendors. They can explain their processes and the care they take to create their items.

Space is still available to display and sell unique items at the upcoming Fall Sale scheduled for November 2nd & 3rd. In accordance with our mission, junior artists are being contacted to take part in the upcoming Fall Sale so they can display their work and demonstrate the development of their skills. Junior artists and others interested in participating in the Fall Sale are welcome to contact the writer ([yjo999@gmail.com](mailto:yjo999@gmail.com)) to obtain more information.

The Club continues to expand its membership! Maybe you have some skills that can be utilized, or you would like to have an opportunity to showcase your work at the Fall Sale. Please let us know of your interest by sending your email to [yjo999@gmail.com](mailto:yjo999@gmail.com). We will send them send you the guidelines for participating in the Fall Sale.

Do you have a craft you would like to share with the Club? Email the details to Janice at [janice3lambert@gmail.com](mailto:janice3lambert@gmail.com) and we'll see if there is interest in you doing so. Also email Janice to ask for new business items to be introduced at meetings.

Club meetings will begin again in September. There will be several meetings this fall, including "Make and Take" Social Evenings. Meeting dates are currently pending. The Club's meetings are a great way to spend a few hours with Club Members to learn new techniques, as well as to take home new creations.

The Club is enthusiastic and diverse. We encourage new members to come and be a part of this community organization. The Club provides an opportunity to meet artists, artisans and other crafters living in Springbank. Bring along your latest projects (for "Show and Tell") to share with Club Members. Send your email to [yjo999@gmail.com](mailto:yjo999@gmail.com) to obtain more information about the November 2nd & 3rd Fall Sale, or about obtaining a Club membership. Follow the Club on Facebook to obtain Fall Sale updates and information about other Club activities ([facebook.com/springbankchristmasmarket](https://facebook.com/springbankchristmasmarket)).

*Contributed by Yvonne Bamlett for the Springbank Creative Arts Club*



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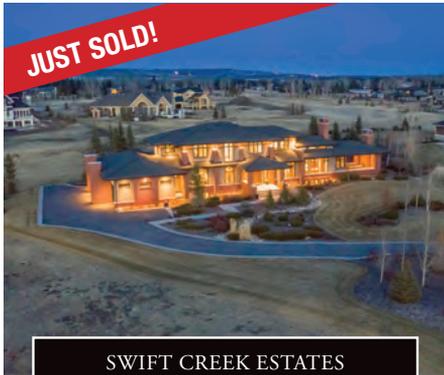
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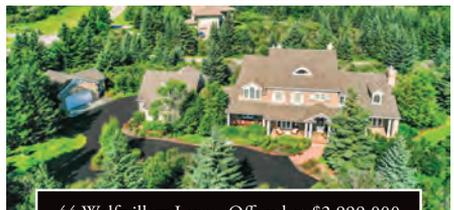
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